CARING FOR OTHERS AND FAMILY

SESSION A

Caring is:

- Treating people, living things and delicate objects with gentleness.
- Doing your very best with your school work or with a job that you have been asked to do.
- Giving attention to someone who needs help or is sad.
- Looking after yourself by eating the right things and keeping yourself clean.

Without caring:

- People would get hurt or sick and there would be no-one to help them get better.
- Precious things would get broken or damaged.
- Animals would not get fed or exercised.
- Nowhere would be clean and there would be litter and rubbish everywhere.

LEARNING OBJECTIVES:
To recognise when someone needs help or is sad.

Suggested Resources:

Enough space to allow the role play in pairs. If space is insufficient, half the class could storyboard the role play and then move to acting it out.

Script:

“In our session today we are going to explore how we would show caring for someone at home who needs help. In the role play you will work with a partner to demonstrate first an uncaring attitude, and then a caring one.”

Scenario 1: You see that your father [or another adult carer] is looking very tired and has lots of housework to do. You choose to watch your favourite television show instead of helping.

Scenario 2: You see that your father is looking very tired and has lots of housework to do. You decide to practise caring - what will you do to help?

Suggested Activities:

Choose a pair of children to role play scenario 1 [without caring]. At appropriate moments “freeze the scene” and ask the children who are watching to tell you how the father might be feeling. Repeat for scenario 2.

Character Coaching

Use the phrases below to comment on the character actions in the play.

Guidance:

How do you think you could show caring for your father who is looking so tired?

Meaningful Praise:

I can see how caring you are being by helping with the washing up.

Correction:

What you are doing right now (e.g. watching television) doesn’t really show caring; what can you do differently?

Plenary:

Ask the children to share one thing that they might do to show caring for their family.