Script:
“Who can remind me of the lesson we had last week? What did we learn? What emotions did we talk about? How do you think it feels to be in a new place and to not know anyone? Today, you are going to be thinking about the different ways that you can help people to feel better when they are new to our school.”

Suggested Resources:
‘New to School’ resource sheets.

Suggested Activities:
Ask the children to imagine that there is a new person coming to our class and school. Now ask the children to offer suggestions as to how that person might be feeling. Hot seat one of the children – ask them to imagine that they are that person – can the children think of questions that they could ask the person to find out how they are feeling. Now ask the children what they think they could say to the new person to make them feel better. The children may give them words of encouragement but will also need to think about the things that they could tell the new person about their class and school to help them settle in more easily. Get the children to convey these encouraging ideas to the hot-seated person and then ask that child ‘how do you feel now?’. Has this made them feel better? Why?

Now hand out the ‘New to school’ resource sheet and ask the children to write what they would say/do if a new person joined the class/school.

Plenary
Explain to the children that the new person would have to be very courageous to be able to come into a new place and say hello to people. Tell the children that the work we have been doing today has given us the chance to think about how to help others to have more courage.

Character Coaching
Meaningful Praise:
You have shown that you can help someone to have courage today. I am really pleased that you know how to do this because you can learn from the bravery of others too.

Guidance:
Please be courageous and say hello to someone that you don’t know in school today.