Character Coaching

Guidance:
Please be courageous and ask for help if you need it! It may take courage to face your fears.

Correction:
Courage is what helps us to notice our fears and try to reduce them. Sometimes we are afraid of things we don’t need to be afraid of: this is where courage helps us.

Meaningful Praise:
I am proud of you all today for being courageous enough to accept that you have fears and to think about challenging yourself to face these.