**Helpfulness in Your Family**

**Session A**

**Learning Objectives:**
To assess how helpful we are at home.

**Suggested Resources:**
Helpfulness in your Family PowerPoint, printed images from PowerPoint, large paper labelled and set out as shown in PowerPoint (final slide). A printed worksheet for each child.

**Script:**
“In today’s lesson children, I will be asking you to think about how helpful you are at home. Some of you may think that you are very helpful whilst others may think that they do not help at all. You may also change your mind during the lesson and that is fine. You will have the chance to think about how much other people your age help at home and how you may be able to learn from them.”

**Suggested Activities:**
Ask the children to score themselves out of 10, to show how helpful they are at home. Explain that 0 is not helpful at all and 10 is that they couldn’t be more helpful. Ask children to write down this figure on their sheet. Now ask children to individually list the ways in which they help at home on their sheets. Now organise the children into mixed ability groups and place in front of them one of the ‘photo discussion sheets’. Ask the children to think about the questions on the sheets and relate these to the photos e.g. Who is in the picture? Who is helping? Who is being helped? What is happening? What are they doing to help? How can we learn from this example, etc. You may wish to keep one of the photos back and use it as an example to show the children.

**Plenary:**
Take in the posters and display them around the room. Show the PowerPoint to the children and ask them for their responses. Ask the children to now record on their sheets three ways that they could help more at home and also to re-think their score – is it the same or has it changed? Record the score at the bottom of the page. Ask children to show by ‘hands up’ who changed their score? Who lowered their score?

**Character Coaching**

**Meaningful Praise:**
Well done for all your hard work today. It has been really helpful to hear your discussions.
Can you tell me about how being helpful at home affects the rest of your family?

**Guidance:**
How could you help your table to tidy up?
Can you think about times when you need people to help you?

**Correction:**
How could you have been more helpful today?