Kindness is:

- Showing that you care about people and living things.
- Thinking of ways to make others happy.
- Choosing words which make others feel good about themselves.
- Being considerate or generous to ourselves and others through our words and actions.

**LEARNING OBJECTIVES:**

*To develop the language of kindness.*

Script:

“Today we will each be writing acrostic poems which we will display around the school during the week of November 13th for Kindness Day UK and also World Kindness Day. An acrostic poem has its theme running down the left side of the poem. Each letter in the theme word has a new thought that runs off the side from left to right and is relevant to the topic word. If you were writing an acrostic poem on the theme of CATS each line of the poem would start with one of the letters in the word CATS.

Craving attention
Always ready to be stroked
Tenacious and terrifying
Softly purring

To get started we will need to generate a list of kind words (gentle, caring, considerate, helpful, generous, thoughtful etc.) which will help us to construct a thought for each of the letters that spell kindness.”