IT’S NOT FAIR / FAIR SHARES

SESSION A

Fairness is:
- About treating people equally – the way you would want to be treated.
- About playing by the rules.
- Taking turns.
- Thinking about how your actions might affect others.

Without fairness:
- Some people would be treated differently to others.
- People would not always follow rules or know what rules to follow.

LEARNING OBJECTIVES:
To be able to explain how you feel when you think something is not fair.

Script:
“Have you ever said, ‘It’s not fair!’? I think that everyone in this room may have said or at least thought those words. Can you think of a time when you have said this or when you might say this? Today we are going to think about how we feel when we think that something is not fair.”

Suggested Resources:
Biscuits/sweets (enough for each class member).
Emotion cards (a set of 3 for each pupil).

Suggested Activities:
Sit the children around in a circle and open up the bag of sweets/biscuits. Now, hand out the treats to one group of children only e.g. boys/girls/blonde hair/birthdays in October etc. Tell the children that they are allowed to eat their treats. Now explain to the children your reason for giving the treats to that particular group, e.g. they are boys etc..

Ask each child to hold up an emotions card to show how they feel about this. Ask some of the children to explain why they chose that particular emotion. Ask the children whether or not your actions were fair and why. Now ask the children how this could be made fair – explore the options of giving every child a treat or a valid reason for giving certain children a treat, e.g. exceptional behaviour/kindness.

Now give treats to the remaining children and ask everyone to show their emotions cards again. Ask for feedback about the selections from some children. Now ask the children who chose different emotions to try and explain in words how they felt before and how they feel now.
Character Coaching

Guidance:
It is not always easy to be fair – sometimes people treat others differently for the wrong reasons. Remember that fairness means that we treat people equally.

Plenary:
Play the fairness song for children and tell them that they will be learning the song in the next lesson: https://youtu.be/YIYM9OMn30w [available 03/15].

Meaningful Praise:
You have shown that you have a good understanding of fairness today. You have been fair by listening to the ideas of the other children in the class today and noticing when I was not being fair.

Correction:
Fairness is about treating people equally but not always the same – different people sometimes need different things.