Patience is:
- Waiting calmly without getting upset.
- Trusting that things will turn out right in the end.
- Taking time to do something properly.
- Tolerating delays without complaining.
- Waiting for your turn.

LEARNING OBJECTIVES:
To learn to be patient with adults.

Suggested Resources:
Today you will be asking the children to act out a scenario where they must practise patience before interrupting an adult who is speaking. You will teach children how to use the hand symbol to represent the phone.

Allow enough space for the children to work in pairs. Use the free software ‘The Hat’: http://www.harmonyhollow.net/hat.shtml [available 03/15] - once you have entered the children’s names, it will pick random pairs to encourage children to work with someone new. Alternatively, you may wish to pick pairs initially before mixing the partners up later on. When each pair has taken turns, the children can be assigned a new partner to extend the activity if so desired.

Script:
“Today we will be learning about the virtue of patience which means waiting calmly for something. Sometimes we may have to be patient and wait before we can speak to an adult about something. Have you ever interrupted an adult when they were speaking to someone? How did they react?” Allow several children to share their experiences.

“What would an impatient person do if they wanted to speak to an adult who was using the phone?” Interrupt the conversation by talking loudly/tugging or tapping the adult/waving arms in front of the adult’s face. Mime using a phone and pick a child to interrupt you with one of these methods. “How do you think I felt when I was interrupted? How would a patient person let a teacher know that they wanted to speak without interrupting?” They could stand where the teacher could see that they are waiting. They could put their hand up. They could write a note and put it where the teacher could see it.

Suggested Activities:
Ask pairs of children to role play interrupting a parent or teacher who is having a conversation on the phone. They should then repeat this role play trying some ‘patient’ methods of letting the adult know that they are waiting.

While the children are role-playing this scene pick one or two pairs of children who have creative approaches to waiting patiently which could be shared with the whole class.

Plenary:
When would it not be good to be patient? When would interrupting an adult be the right thing to do?