**LET ME TEACH YOU!**

**SESSION A**

**Patience is:**
- Waiting calmly without getting upset.
- Trusting that things will turn out right in the end.
- Taking time to do something properly.
- Tolerating delays without complaining.
- Being patient with someone who is learning.

**LEARNING OBJECTIVES:**
To understand the importance of patience in teaching others.

**Suggested Resources:**
A selection of shoes with laces. Cardboard to make practice shoes.

There are several methods for teaching children how to tie shoelaces including the 10-second method ([https://youtu.be/y9TOn5bdNY](https://youtu.be/y9TOn5bdNY)) [available 03/15] or the coloured and knotted method ([https://youtu.be/a9tt7il0VV8](https://youtu.be/a9tt7il0VV8)) [available 03/15].

Here is how to make a simple practice ‘shoe’: [http://salsapie.blogspot.co.uk/2012/06/diy-shoe-tie-practice-board-team-style.html](http://salsapie.blogspot.co.uk/2012/06/diy-shoe-tie-practice-board-team-style.html) [available 03/15].

**Preparation:**
View the instructional videos and choose one of the methods for your class to learn in order to teach a younger year group. If you choose the 10-second method you will have to practise the skill yourself! If you choose the coloured and knotted method you will need white laces.

**Script:**
“Have you learnt any new skills recently? What virtues did you have to practise while you were learning? Once you have learnt a skill it is exciting to teach it to others but you will need to practise patience! Many younger children struggle to learn how to tie their laces and some of you may not know some of the different methods that can be used - for instance, are you aware of the 10-second method?” *Show the video above.*

“Of course, there is the traditional method and here someone has cleverly marked both laces to make them easier to identify.” *Show the second video.* “I would like you to pick one of the methods and learn it so that you can teach this skill to a younger child. You may want to create a simple practice shoe.” [http://salsapie.blogspot.co.uk/2012/06/diy-shoe-tie-practice-board-team-style.html](http://salsapie.blogspot.co.uk/2012/06/diy-shoe-tie-practice-board-team-style.html) [available 03/15]

“I would like you to learn this skill and create any resources that you will need so that you are ready to teach the skill in the next session. You will need to provide a cardboard practice shoe or a clean shoe from your home ready for next week.”

*While your class are practising their shoelace skills, use the Character Coaching phrases to encourage patience - you will refer back to these in the plenary.*
**Character Coaching**

**Guidance:**
It may take some time to master this skill, please be patient and keep trying even if you find it difficult. Please practise patience and when I am free I will come and assist you.

**Meaningful Praise:**
You are working so patiently, and you are getting there bit by bit.
Well done for working so patiently today.

**Correction:**
I know you feel like giving up, but please practise patience and give yourself time to learn the skill.

**Plenary:**
Can you remember what phrases I used to encourage your patience today?
Can you share any other examples from your lives where else you need to practise patience?