Respect is:
- An attitude of caring for others with dignity and kindness.
- Acting with the needs, feelings and rights of others in mind.
- Speaking with politeness and acting with courtesy.
- Honouring the rules of our family or school.

Synonyms:
- Kind
- Helpful
- Polite
- Respect

LEARNING OBJECTIVES:
Children will be able to describe how their helpful actions at home can show how they have respect for the people they live with.

Suggested Resources:
Prompt cards that show pictures of common times at home (dishwasher unloading, laundry, TV, messy bedroom, pet dog, dinner time, etc.).

Script:
“Who lives at home with you?” Take a range of answers from children. “What expectations do your family have of the way you behave at home?” To help children think of the expectations their family has, display some prompt cards on the whiteboard. Encourage children to offer answers that relate to each of the cards. For example, my family expects me to load the dishwasher after supper; my family expects me to share the use of the TV; my family expects me to join my parents for dog walks, etc.. Make a list of these contributions.

Now ask children to think in pairs about how each of these actions shows respect. For example, I make sure that I do not hog the TV all evening because I know that my brothers and sisters may want to watch something different to me – we share the TV. After five minutes, ask pairs to report back to the class.

Are there any times that children find it difficult to respect the needs of their family at home? For example, perhaps a child finds it difficult to play quietly when he/she knows that his/her older sibling is studying hard and needs a quiet room.

Suggested Activities:
Based on the discussion about how children sometimes find it difficult to show respect, ask children to set themselves a goal for a week. They should write this down – explaining why it is important – on a special piece of paper (e.g. with a good border). Once they have written their goals, children could pin them to a notice board for all to see – teachers may like to ask children about their progress during daily registrations.

Plenary:
How can we help each other to reach our goals? Steer the discussion towards children asking each other how they are getting on with their goals. Perhaps they want to share their goal with their parents, so that they may remind them at home.
**Character Coaching**

**Meaningful Praise:**
I like the way you have thought carefully about how you can show more respect at home and about something that you find difficult to do. Keep practising showing respect at home and you will become very good at it.

**Guidance:**
Remember that when we write our goals we must think of things that we could do better at – how would you like to show more respect at home?

**Correction:**
I think that you could say that in a more respectful way. How do you think you can change what you said, or the way you said it?