**Determination is:**
- Simply not giving up.
- The will to keep on going.
- Trying to do something even when you find it difficult.
- Having willpower.
- ‘Stickability’.
- Making your dreams come true.

**Without determination:**
- People would give up as soon as they find something too challenging.
- We would not reach our full potential.
- Learning would have its limits.

**Learning Objectives:**
To be able to understand that we can make our dreams come true and overcome obstacles.

**Script:**
“In our lives, we all have dreams. If we work hard and believe in ourselves, we can make our dreams come true. Today – you will be thinking about your dreams and about how we can overcome any obstacles that may come our way.”

**Suggested Resources:**
Photocopiable resource sheet Year 2, Dream-cloud sheets.
PE. equipment – set up an obstacle course.

**Suggested Activities:**
Children draw their dreams onto the Dream-cloud templates. Take these down to the gym/hall where the obstacle course is set up. You may want to set up several courses or start children off at different points throughout the course to ensure that everyone has their turn. Ask the child to place their dream at the end of the course and then they have to complete the obstacle course to get to their dreams. As they approach each obstacle, they think about what this may be on their way to achieving their dreams.

**Plenary:**
Ask the children what skills they used to overcome each obstacle.
Character Coaching

Guidance: How can our lesson today help us to be more determined?

Meaningful Praise: I like the way that you persevered to solve the problem at each obstacle.

Correction: If you can’t solve the problem first time, to avoid becoming frustrated, what could you do? Who else in the class could you learn from?