Gratitude is:

- Being thankful for what you have.
- Taking the time to show others that you are grateful.
- Appreciating the generosity of other people.

Description:
Being thankful for what you have and the kindness you receive from others. Taking the time to show others that you are thankful.

LEARNING OBJECTIVES:
To be aware of someone outside school, that we would like to thank. To be able to write a message of gratitude to someone.

Suggested Resources:
A5 pieces of lined paper. Next week these will be stuck into cards.

Script:
Make a class brainstorm of all the people children are thankful for. Make sure that children explain why they are thankful. Encourage children to think about being thankful – for example being thankful to the lollipop lady for keeping us safe, or to the smiley receptionist who always makes us laugh.

Tell children that today they are going to write inside a card to someone they would like to say thank you to. Write some important words on the whiteboard – ‘Dear…’, ‘Thank you…’ etc.. Give children an opportunity to think of someone they would like to thank. Ask a couple of children for their sentences to prompt others to think along similar lines.

Suggested Activities:
At tables children write a short message on a piece of A5 lined paper to the person they would like to say thank you to. Make sure children explain why they are saying thank you. Support children with their writing as you would in a literacy lesson, with appropriate differentiation and equipment.

Character Coaching
Meaningful Praise:
Well done – I like the way you have said thank you to that person because they did a kind thing for you.

Guidance:
Saying thank you shows that you have noticed when someone is kind to you. This can help us to make friends.

Correction:
Remember that we should not ignore the kind things that people do for us. It is important to be thankful because it helps everybody get along happily.