

Character and Values in Young People

Thank you for taking part in this survey!

To help us match this survey to one you completed a few weeks ago, please write your name below.

You do not have to use your real name, but you must use the name you gave us before!

Name: _____

Once we have received and matched the surveys, we will remove this cover sheet and nobody will know these were the answers you gave us.

Character and Values in Young People

Thank you for agreeing to be involved in our research! Now that you have taken part in some sessions looking at character strengths and virtues, we would like you to complete this survey again.

By answering these questions, you will help us to learn whether the materials you have been using have had any benefit for you. You will also have the chance to take part in a short discussion and focus group to tell us more about your thoughts about the materials.

There are no right or wrong answers, we want you to just tell us exactly what you think and to be as honest as possible. Your answers will remain confidential – nobody outside the research team will know what you answered.

If you have any questions, please ask the person who gave you this survey.

Part 1: Some information about you:

1. What is your gender? _____

2. How old are you?

- 11
- 12
- 13
- 14
- 15
- 16
- 17
- 18
- Over 18

3. What is your ethnicity?

White

- English / Welsh / Scottish / Northern Irish / British
- Irish
- Gypsy or Irish Traveller
- Any other White background. Please write in: _____

Mixed/Multiple Ethnic Groups

- White and Black Caribbean
- White and Black African
- White and Asian
- Any other mixed/multiple ethnic background. Please write in: _____

Asian / Asian British

- Indian
- Pakistani
- Bangladeshi
- Chinese
- Any other Asian background. Please write in: _____

Black/African/Caribbean/Black British

- African
- Caribbean
- Any other Black / African / Caribbean background. Please write in: _____

Other ethnic group

- Arab
- Any other ethnic group. Please write in: _____

- I don't want to say
- I don't know

4. Think about the last month. Where have you spent most of your time during the day? You can tick as many as you want.

- School
- At home
- Pupil Referral Unit
- Prison / Young Offenders Institute
- Youth group
- College
- An apprenticeship
- At work
- On a work or college placement
- Somewhere else. Please write in: _____

5. Who do you usually live with? You can tick as many as you need to.

- Mother
- Stepmother
- Father
- Stepfather
- Brother(s)
- Stepbrother(s)
- Sister(s)
- Stepsister(s)
- Grandparents
- Other family adults
- Other responsible adults in a family (eg. a foster family)
- Other responsible adults in a care home
- Nobody, I live on my own
- Someone else. Please write in: _____

6. Do you have a disability?

- Yes No Prefer not to say

7. Are you a parent?

- Yes No Prefer not to say

8. Do you help look after a member of your family on a daily basis?

- Yes No Prefer not to say

What kind of person are you?

9. Look at the following statements and answer whether these are true or false for you by circling the right word.

- I never hesitate to go out of my way to help someone in trouble.

True False

- I have never intensely disliked anyone.

True False

- When I don't know something I don't at all mind admitting it.

True False

- I am always courteous, even to people who are disagreeable.

True False

- I would never think of letting someone else be punished for my wrong doings.

True False

- I sometimes feel resentful when I don't get my way.

True False

- There have been times when I felt like rebelling against people in authority even though I knew they were right.

True False

- I can remember "playing sick" to get out of something.

True False

- There have been times when I was quite jealous of the good fortune of others.

True

False

- I am sometimes irritated by people who ask favours of me.

True

False

Part 2: The Life Wheel

10. Have a look at the 'Life Wheel' on the next page and think about the different statements.

I know what my goals for the future are.

When you think about your future, do you know who you want to be and what you want to do?

I know what I need to do to achieve these goals.

Do you know how to reach those goals? What education, experience and qualifications do you need? Do you know how you can get that?

I know the next steps I need to take to achieve my goals.

Do you know the next steps you need to take for you to reach your goals? It might be to find out about a college or to pass an exam. It might be to gain some experience or speak to someone to get some guidance.

I have the skills to achieve my goals.

Do you have the right skills (football skills, public speaking skills, maths skills) you need to reach your goals?

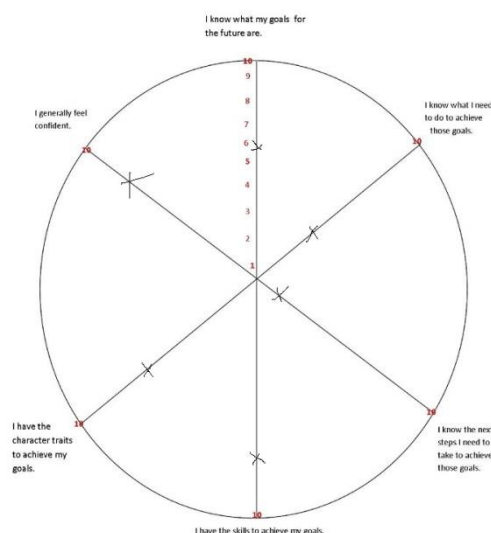
I have the character traits to achieve my goals.

Do you have all of the character traits (perseverance, honesty, compassion, self-discipline) you will need to reach your goals?

I generally feel confident.

Do you feel generally confident about yourself, your life and the future?

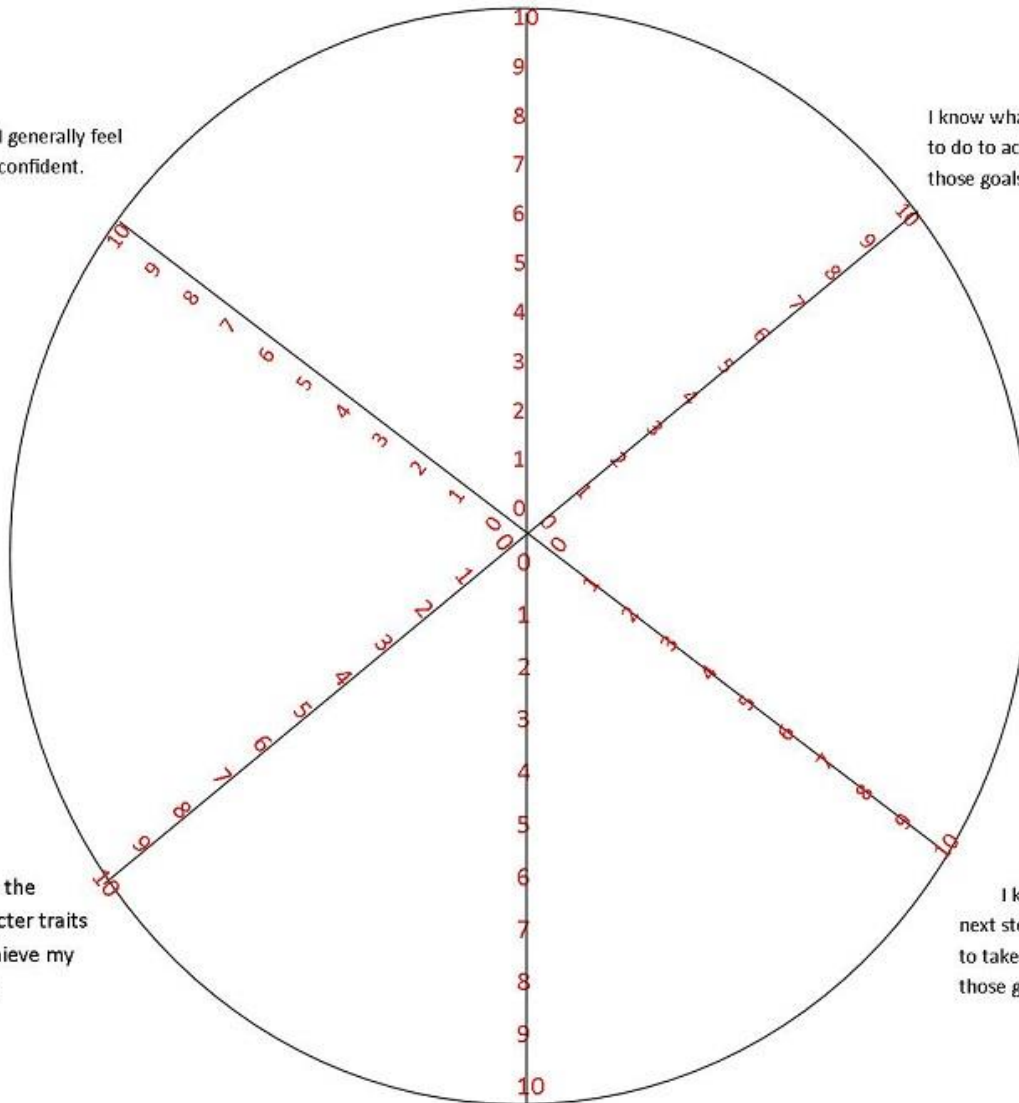
Thinking about your own life right now, draw a cross on the different lines in the circle to show how true you feel that statement is. Making a cross on the number 10 means 'yes, definitely, that's completely true for me!' and marking a cross on the 1 means 'no, that's not true for me at all'. Like this:



I know what my goals for the future are.

I generally feel confident.

I know what I need to do to achieve those goals.



I have the character traits to achieve my goals.

I have the skills to achieve my goals.

Part 3: What is your purpose?

11. How much do you agree or disagree with the following statements? Put a tick in the circle that best describes your opinion.

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree	I don't know
I understand my life's meaning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life has a clear sense of purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a good sense of what makes my life meaningful.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have discovered a satisfying life purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life has no clear purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Part 4: The Programme

Think about the character and virtues based sessions you took part in. On a scale of 1 to 5, where 1 is 'not at all' and 5 is 'definitely, yes!', did you: (circle the number you think represents best how you feel.)

12. Enjoy the programme?

1 2 3 4 5

13. Feel you learnt more about yourself?

1 2 3 4 5

14. Think more about your future?

1 2 3 4 5

15. Learn more about virtues?

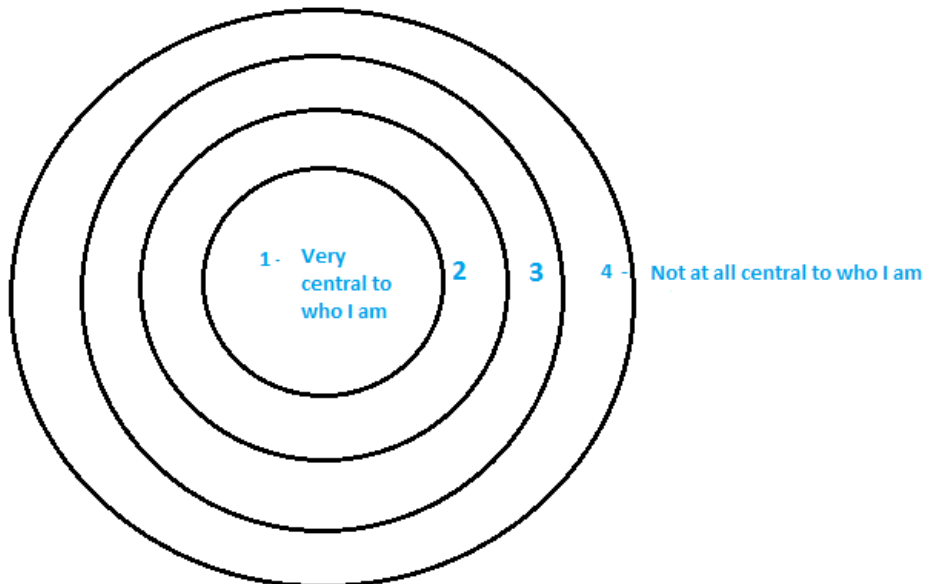
1 2 3 4 5

16. If someone asked you to improve the resources used in the programme, what changes would you make?

17. Is there anything else you think we should know about your experiences of this programme so far?

Part 5: What is important to you?

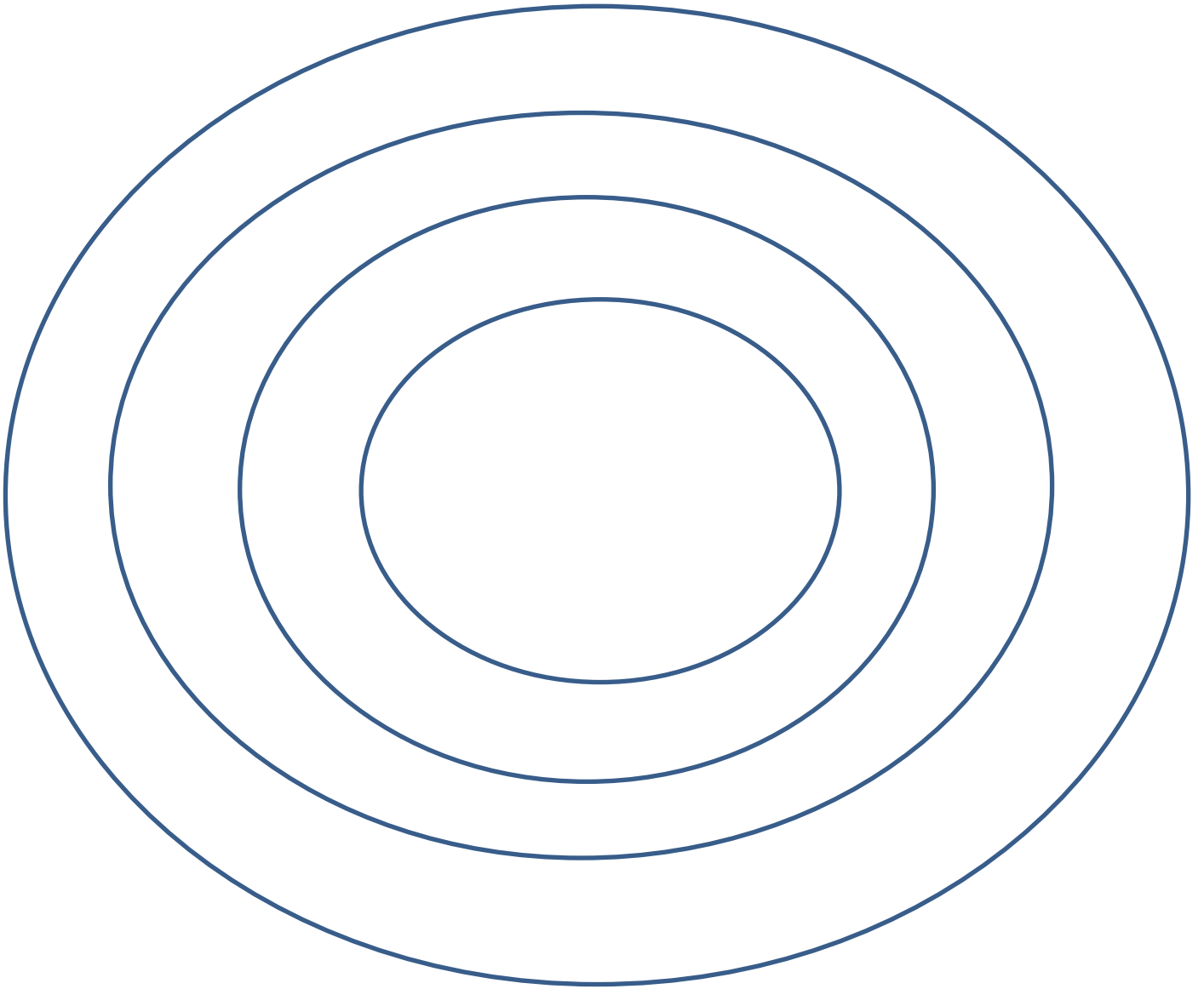
25. Imagine that the drawing below represents you. In the middle circle (1) are things that are very central to who you are as a person. The next circle (2) is the things that are quite central to who you are, and the next circle (3) is things that are somewhat important to who you are. Things that are not part of your identity belong in the outside circle (4). Even if something seems good but isn't an important part of who you are, you should put it in circle 4.



First, read all items, and then go back and decide how central each of them is to who you are as a person, putting their letter in the right part of the circles. For example, if it is important that you are athletic, put E in the centre of the circles.

How important to you is it that you are:

- | | |
|--|------------------------|
| A. Spiritual or religious | O. Independent |
| B. Fair | P. Forceful |
| C. Willing to stand up for what you believe is right | Q. Creative |
| D. Involved in solving community problems | R. Intimidating |
| E. Athletic | S. Strong |
| F. Compassionate, concerned about all kinds of people | T. Resilient |
| G. Honest | U. Outgoing |
| H. Concerned about government decisions and policies | V. Gentle |
| I. Rebellious | |
| J. Concerned about justice and human rights | |
| K. Responsible, someone others can depend on | |
| L. Successful at all costs | |
| M. Popular | |
| N. Powerful | |



Thank you!

Thank you very much for completing this survey. Your answers will help us learn how useful our materials are!

If you have any questions about this survey, please speak to the person who gave you this paper, or contact Jenny on 0121 414 4803 or j.higgins@bham.ac.uk.