



Character and Values in Young People

Thank you for agreeing to complete this survey. By answering these questions, you will help us learn what you think living a 'good' life means, and what kind of things have influenced that idea: for instance, parents, your friends, social media, the news, your school or TV shows you watch.

There are no right or wrong answers, we want you to just tell us exactly what you think. We don't ask for your name, so anything you tell us will be anonymous.

If you have any questions, please ask the person who gave you this survey.

Part 1: Some information about you:

1. What is your gender? _____

2. How old are you?

- 11
- 12
- 13
- 14
- 15
- 16
- 17
- 18
- Over 18

3. What is your ethnicity?

White

- English / Welsh / Scottish / Northern Irish / British
- Irish
- Gypsy or Irish Traveller
- Any other White background. Please write in: _____

Mixed/Multiple Ethnic Groups

- White and Black Caribbean
- White and Black African
- White and Asian
- Any other mixed/multiple ethnic background. Please write in: _____

Asian / Asian British

- Indian
- Pakistani
- Bangladeshi
- Chinese
- Any other Asian background. Please write in: _____

Black/African/Caribbean/Black British

- African
- Caribbean
- Any other Black / African / Caribbean background. Please write in: _____

Other ethnic group

- Arab
- Any other ethnic group. Please write in: _____

- I don't want to say
- I don't know

4. Think about the last month. Where have you spent most of your time during the day? You can tick as many as you want.

- School
- At home
- Pupil Referral Unit
- Prison / Young Offenders Institute
- Youth group
- College
- An apprenticeship
- At work
- On a work or college placement
- Somewhere else. Please write in: _____

5. Who do you usually live with? You can tick as many as you need to.

- Mother
- Stepmother
- Father
- Stepfather
- Brother(s)
- Stepbrother(s)
- Sister(s)
- Stepsister(s)
- Grandparents
- Other family adults
- Other responsible adults in a family (eg. a foster family)
- Other responsible adults in a care home
- Nobody, I live on my own
- Someone else. Please write in: _____

6. Do you have a disability?

- Yes No Prefer not to say

7. Are you a parent?

- Yes No Prefer not to say

8. Do you help look after a member of your family on a daily basis?

- Yes No Prefer not to say

Part 2: What kind of person are you?

9. Look at the following statements and answer whether these are true or false for you by circling the right word.

- I never hesitate to go out of my way to help someone in trouble.

True False

- I have never intensely disliked anyone.

True False

- When I don't know something I don't at all mind admitting it.

True False

- I am always courteous, even to people who are disagreeable.

True False

- I would never think of letting someone else be punished for my wrong doings.

True False

- I sometimes feel resentful when I don't get my way.

True False

- There have been times when I felt like rebelling against people in authority even though I knew they were right.

True False

- I can remember "playing sick" to get out of something.

True False

- There have been times when I was quite jealous of the good fortune of others.

True

False

- I am sometimes irritated by people who ask favours of me.

True

False

Part 3: What does it mean to have a good life?

10. What, for you, makes a good life?

Think about the future and what a good life would be for you.

Look at the different features below and think about whether they are:

Very important

Slightly important

Not at all important

for your good life.

- A. Living life to the fullest
- B. Supporting my family
- C. Making new discoveries for the world
- D. Serving my country
- E. Playing sport
- F. Being involved in music or dance
- G. Being successful in life
- H. Serving God/a Higher Power
- I. Fulfilling my duties
- J. Making a lot of money
- K. Having a leadership role in my community or country
- L. Having a lot of fun
- M. Making positive contributions in my community
- N. Earning the respect of others
- O. Having a good career
- P. Helping others
- Q. Being creative
- R. Making the world a better place
- S. Making an impact on a social cause or issue
- T. Being a good person
- U. Striving to do my best
- V. Having good friends
- W. Being close to my family
- X. Being admired
- Y. Being feared
- Z. Other _____

Please put the letter for each feature into the right section on the next page, telling us whether you think it is *very important for a good life*, *slightly important for a good life* or *not at all important for a good life*. For instance, if having a lot of fun (L) is slightly important for a good life, write 'L' in the middle box.

Very important for a good life

Slightly important for a good life

Not at all important for a good life

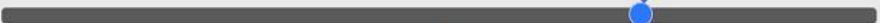

Where do your ideas about your good life come from?

Think about the 'good life' that you thought about in the last question. Where did your ideas about a 'good life' come from? Which people and things influence what you think makes up a good life?

Make a mark on the lines below to show how much each category has influenced you and whether that was a positive influence (they are living a life you would like) or negative (they are living a life you would not like at all).

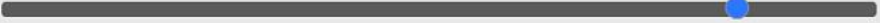

For example, you might see the life your older brother has and think that's a good life and the kind of life you really want to live. In that case, you can make a mark nearer to the 'A lot' end of the line, and then make a mark nearer to 'Positive' to show that he has a positive influence. Like this:

8. How much do **other adults in your family (such as your grandma or uncle)** influence your idea of a 'good' life?

Not at all  73  A lot

Some

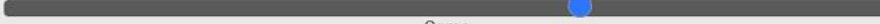

Is the influence of the other adults in your family **positive** (they are living a life you would like) or **negative** (they are living a life you would not like at all)?

Negative  84  Positive

Not Applicable

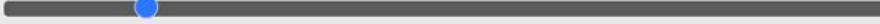

Your teachers may also tell you a lot about what a good life is but it doesn't feel like a life you want to live. However, this really helps shape your idea of a good life because it shows what you don't want to be. In this case, you could make a mark on the line nearer to 'A lot' but then put a mark on the other line nearer to 'Negative' to show that it is a life that you don't want to live. Like this:

16. How much do **teachers or youth workers** influence your idea of a 'good' life?

Not at all  85  A lot

Some

Is the influence of teachers or youth workers **positive** (they are living a life you would like) or **negative** (they are living a life you would not like at all)?

Negative  18  Positive

Not Applicable

11. How much do your **parents/guardians** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of your parents/guardians **positive** (they are living a life you would like) or **negative** (they are living a life you would not like at all)?

Negative _____ Positive

Not applicable:

12. How much do **other people in your family (such as your grandma or uncle)** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of other people in your family **positive** (they are living a life you would like) or **negative** (they are living a life you would not like at all)?

Negative _____ Positive

Not applicable:

13. How much do **your friends** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of your friends **positive** (they are living a life you would like) or **negative** (they are living a life you would not like at all)?

Negative _____ Positive

Not applicable:

14. How much does **sport** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of sport **positive** (showing you a life you would like) or **negative** (showing you a life you would not like at all)?

Negative _____ Positive

Not applicable:

15. How much does **music** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of music **positive** (showing you a life you would like) or **negative** (showing you a life you would not like at all)?

Negative _____ Positive

Not applicable:

16. How much does **what is reported in the news** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of what you see in the news **positive** (showing you a life you would like) or **negative** (showing you a life you would not like at all)?

Negative _____ Positive

Not applicable:

17. How much does **social media** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of social media **positive** (showing you a life you would like) or **negative** (showing you a life you would not like at all)?

Negative _____ Positive

Not applicable:

18. How much does **what you see on TV** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of what you see on TV **positive** (showing you a life you would like) or **negative** (showing you a life you would not like at all)?

Negative _____ Positive

Not applicable:

19. How much do **people in your town or community** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of people in your town or community **positive** (showing you a life you would like) or **negative** (showing you a life you would not like at all)?

Negative _____ Positive

Not applicable:

20. How much do **teachers or youth workers** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of teachers or youth workers **positive** (showing you a life you would like) or **negative** (showing you a life you would not like at all)?

Negative _____ Positive

Not applicable:

21. How much do **the things you learn at school** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of the things you learn in school **positive** (showing you a life you would like) or **negative** (showing you a life you would not like at all)?

Negative _____ Positive

Not applicable:

22. How much do **celebrities** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of celebrities **positive** (showing you a life you would like) or **negative** (showing you a life you would not like at all)?

Negative _____ Positive

Not applicable:

23. How much does your **boyfriend/girlfriend** influence your idea of a 'good' life?

Not at all _____ A Lot

Some

Is the influence of your boyfriend/girlfriend **positive** (showing you a life you would like) or **negative** (showing you a life you would not like at all)?

Negative _____ Positive

Not applicable:

24. What are your most important three influences?

1. _____

2. _____

3. _____

25. Are there any other influences that you think are important?

26. Is there anything else you want to tell us about the influence of other people or parts of your life?

27. What is your purpose?

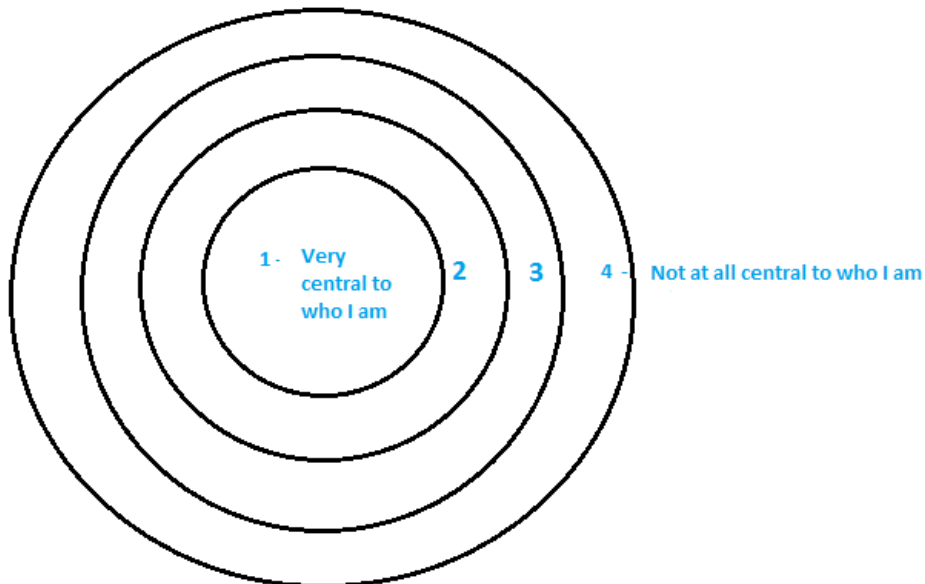
How much do you agree or disagree with the following statements? Put a tick in the circle that best describes your opinion.

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree	I don't know
I understand my life's meaning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life has a clear sense of purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a good sense of what makes my life meaningful.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have discovered a satisfying life purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life has no clear purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

28. Think about your life now. What things make life difficult for you?

Part 4: What is important to you?

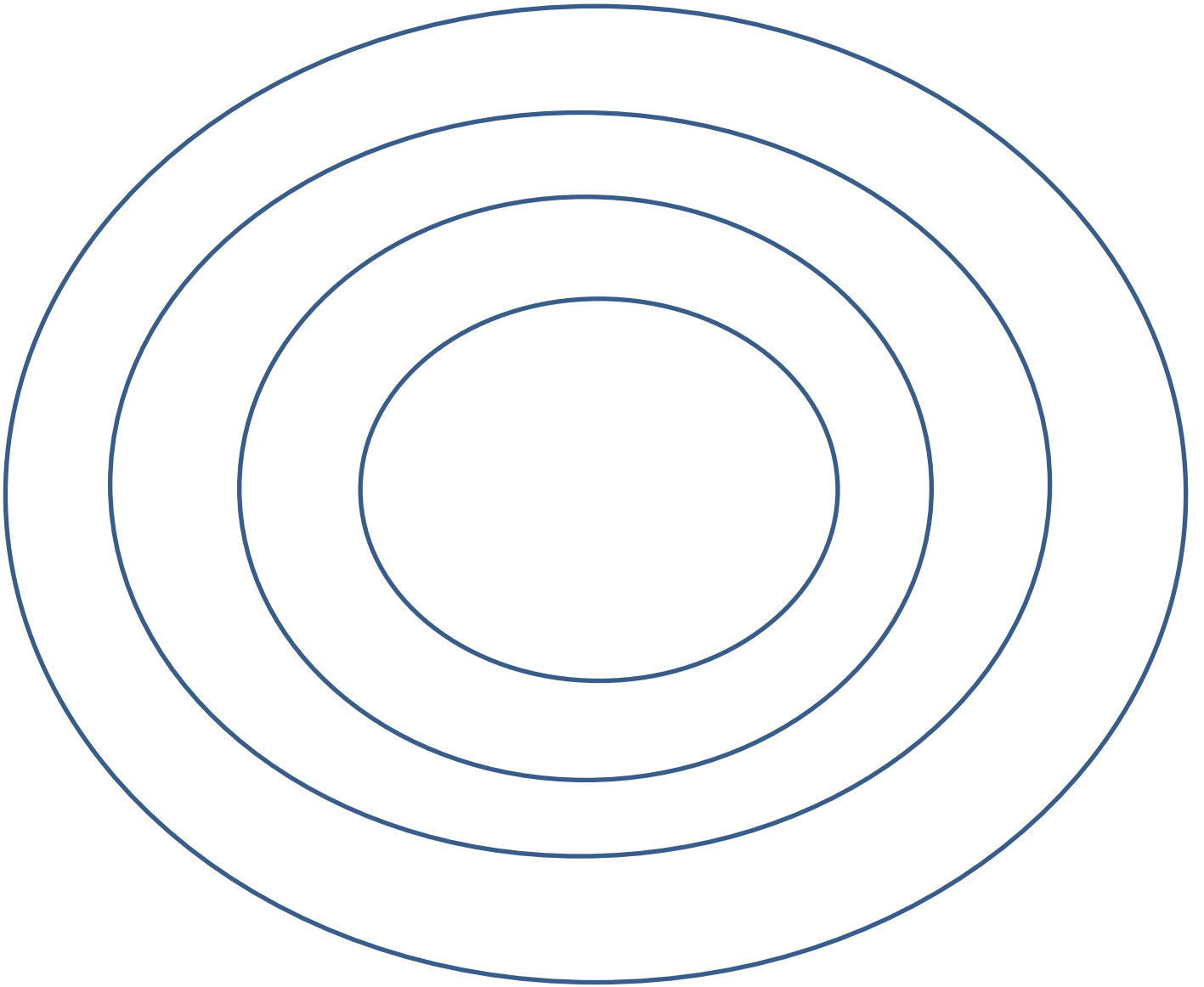
29. Imagine that the drawing below represents you. In the middle circle (1) are things that are very central to who you are as a person. The next circle (2) is the things that are quite central to who you are, and the next circle (3) is things that are somewhat important to who you are. Things that are not part of your identity belong in the outside circle (4). Even if something seems good but isn't an important part of who you are, you should put it in circle 4.



First, read all items, and then go back and decide how central each of them is to who you are as a person, putting their letter in the right part of the circles. For example, if it is important that you are athletic, put E in the centre of the circles.

How important to you is it that you are:

- | | |
|--|------------------------|
| A. Spiritual or religious | O. Independent |
| B. Fair | P. Forceful |
| C. Willing to stand up for what you believe is right | Q. Creative |
| D. Involved in solving community problems | R. Intimidating |
| E. Athletic | S. Strong |
| F. Compassionate, concerned about all kinds of people | T. Resilient |
| G. Honest | U. Outgoing |
| H. Concerned about government decisions and policies | V. Gentle |
| I. Rebellious | |
| J. Concerned about justice and human rights | |
| K. Responsible, someone others can depend on | |
| L. Successful at all costs | |
| M. Popular | |
| N. Powerful | |



Thank you!

Thank you very much for completing this survey. Your answers will help us learn what young people think is a 'good' life and where those ideas come from.

If you have any questions about this survey, please speak to the person who gave you this paper, or contact Jenny on 0121 414 4803 or j.higgins@bham.ac.uk.

