



Incredible Families

Aim:

To think about how each member of a family has unique strengths and talents to benefit the whole family.

Preparation and Materials:

Pictures of the Incredibles.

Video clip from the Incredibles film: https://www.youtube.com/watch?v=KJ-MHpY4L_U [accessed 22.06.2020].

Assembly:

Entry music: Family Song, Sesame Street.

1. Show a picture of the members of the Incredibles family (Disney) and ask children if they know, or can guess, the different strengths/superhero powers that each family member has.



2. Mr. Incredible has super-strength, Elastigirl can stretch and bend her body in incredible ways, Violet has invisibility and force fields, Dash has super speed, and baby Jack-Jack's powers haven't settled yet.
3. Like each member of the Incredibles, each person in our families is unique and has their own special strengths. The teacher may wish to share examples from their own family or ask children to share theirs (e.g. my sister is really creative and produces amazing drawings, my Mum is really patient and spends lots of time helping me with my homework).

The Character Curriculum

Flourishing for Life



4. Explain that you are going to watch a clip from the film and watch what happens when the Incredibles face a dangerous enemy. Watch the clip 'Battle time is Family time' from The Incredibles film: https://www.youtube.com/watch?v=KJ-MHpY4L_U [accessed 22.06.2020].
5. How did the Incredibles family win the battle? What would have happened if one of the family decided they wanted to win the battle by themselves or, if one person decided they didn't want to join in?
6. Each member of the Incredibles family used their unique strengths and worked together to defeat the enemy. If one person had tried to do it all by themselves, they wouldn't have been successful. If one person hadn't joined in, they wouldn't have been successful. In our families, each person is needed and has an important role to play.

Reflection:

Think about the different members of your family. What unique strengths or talents does each member have? How do they help and care for you?

Challenge:

Think about the unique strengths and talents that you have. How can you use your strengths and talents to care for other members of your family?