

# The Character Curriculum

Flourishing for Life



<p><b>Y1: Families</b> L1 - What is a family?</p>	<p><b>Learning objective:</b></p> <ul style="list-style-type: none"> <li>- To think about what a family is and who is in my family.</li> </ul>	<p><b>Key vocabulary:</b> Family, related, family member, traditions, celebrations, routines <b>Key virtues:</b> Respect, compassion, gratitude</p>
<p><b>Resources:</b></p>	<p><b>Statutory links:</b> Relationships Education (2020) Pupils should know:</p> <ul style="list-style-type: none"> <li>- That families are important for children growing up because they can give love, security and stability.</li> <li>- The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives.</li> </ul>	
<p><b>Key questions:</b></p> <p>What is a family?</p> <p>Who is in your family?</p> <p>What virtues do your family members show?</p> <p>What do you like to do with your family?</p> <p>Do you have any special traditions or celebrations in your family?</p> <p>What are the similarities/differences between families?</p>	<p><b>Learning activities:</b></p> <p><b>Starter:</b> What is a family?</p> <p>Ask children to complete the sentence with an adjective: My family is.... You may want to give some examples (e.g. big, kind, funny, caring).</p> <p>What is a family? Explain that families are a group of people, who are normally related, who care for and look after each other. They normally live in the same home, but this is not always the case. Families come in all shapes and sizes and can look very different from each other. However, the important thing is that that they give love and care to each other.</p> <p><b>Activity 1:</b> Who is in your family?</p> <p>Ask children to draw a picture of their family and label the members. They may choose to include pets, extended family members, significant adults who care for them. Ask them to pick a virtue that describes each member of the family (e.g. kind, generous, courageous).</p> <p>If they are comfortable, ask them to share their picture with a partner or small group. Discuss: Who is in your family? What are the different family members like?</p>	

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## **Activity 2:** What do families do?

Perhaps in a circle, discuss:

- What do you enjoy doing together with your family?
- What do your family do to show that they love and care for each other?
- Do you have any special family traditions, celebrations or routines?

## **Plenary:** Practising gratitude

Recap the meaning of 'gratitude' and give a short explanation of why it is important (it makes us happier, helps us to get on with other people and helps us to practice other virtues like kindness).

Thinking about your family, what are you grateful for? Write down or share three things.