



Hidden Helpers

Aim:

To think about people who help us, but are not often noticed.

Preparation and Materials:

Pictures of: a farmer, road sweeper and someone working on electricity lines.

Assembly:

Entry music: Proud, Heather Small.

1. Show the children the following pictures and ask them to discuss:
What jobs do these people have?
How do they help us?



2. Explain that, already, this morning, without us even noticing, we have been helped by lots of people. If we had cereal, milk or fruit for breakfast – we have been helped by the farmers who milked the cows, or grew the cereal or the fruit. When we walked down clean and tidy streets

The Character Curriculum

Flourishing for Life



today, the road sweepers have cleaned up all the rubbish for us. We have all used electricity this morning, and there are people all over the country working hard to look after our electricity lines to make sure we have light, heat and can do everything we need to do.

3. Ask children to discuss:
What would happen if the farmers stopped growing crops and looking after their animals?
What would happen if there were no road sweepers?
What would happen if no-one looked after the electricity supply?
4. Every day, there are thousands of people working hard behind the scenes to ensure that we have food, clean water, electricity and clean streets among other things. We are incredibly lucky that we often take these things for granted and don't even think about where they came from! It is important to try and notice when people help us, so they know they are appreciated. Being grateful also makes us feel good and helps us to become grateful people!

Reflection:

As you go through today, try to think about or spot some of the people who help us and who may not normally get noticed.

Challenge:

How can you show gratitude to someone who helps us this week? You might be able to put a bright poster in your window to thank a post person or bin collectors? You might be able to smile and wave at someone who is working to help us? What other ideas do you have?