



You Can Be a Hero

Aim:

To think about how our actions can make someone else's life better.

Preparation and Materials:

Three volunteers (a mixture of staff and children would be ideal) who have done something to make someone else's life better recently e.g. raised money for charity, volunteered to help someone else, played with someone who was alone...

Fanfare e.g. https://www.youtube.com/watch?v=NkDOMxNY_Bw [accessed 15.06.2020].

Assembly:

Entry music: Holding Out For a Hero, Bonnie Tyler.

1. Explain that, today, you are going to introduce the children to some very special heroes. However, first, we want to think about some questions together. Ask children to discuss the following questions in partners before taking some feedback:
What is a hero? (You might want to prompt with 'A hero is someone who....')
Can you name any heroes? Why are they a hero?
Who do you think might be visiting us today?
2. Explain that you are now going to introduce the very special heroes – you might want to do a drumroll or play a fanfare e.g. https://www.youtube.com/watch?v=NkDOMxNY_Bw [accessed 15.06.2020].
3. Ask your three volunteers to come up during the fanfare,/drumroll. Ask the children are they surprised by who the heroes are? Encourage them to explain their answers.
4. Explain that one of the definitions of a hero is someone who makes other people's lives better. Invite your three volunteers to explain what they have done to make someone else's life better including what they did and who benefitted.
5. Everyone in this room can be a hero. We can all be heroes by thinking about others and doing something to make their lives better. It doesn't have to be something big or scary – just giving someone a hug when they are sad might make their life a little better. How can you be a hero?

The Character Curriculum

Flourishing for Life



Reflection:

Who has been a hero for you? Think about all of the kind and thoughtful things that other people have done to make you feel safe, special and loved.

Challenge:

How can you be a hero this week? Plan one kind act to make someone else's day a little bit better. Share your ideas with your teacher.

