

# The Character Curriculum

Flourishing for Life



<p><b>Y2: Heroes</b> L3 - Our heroes</p>	<p><b>Learning objective:</b></p> <ul style="list-style-type: none"> <li>- Identify personal heroes and the virtues that they show.</li> </ul>	<p><b>Key vocabulary:</b> Honours, hero, extraordinary, nominate, admire, unique, identical</p> <p><b>Key virtues:</b> Courage, honesty, generosity, gratitude, perseverance, kindness</p>
<p><b>Resources:</b></p> <p>Examples of local community heroes (teacher to provide)</p>	<p><b>Statutory links:</b> Relationships Education (2020)</p> <ul style="list-style-type: none"> <li>- A growing ability to form strong and positive relationships with others depends on the deliberate cultivation of character traits and positive personal attributes, (sometimes referred to as 'virtues') in the individual. In a school wide context which encourages the development and practice of resilience and other attributes, this includes character traits such as helping pupils to believe they can achieve, persevere with tasks, work towards long-term rewards and continue despite setbacks. Alongside understanding the importance of self-respect and self-worth, pupils should develop personal attributes including honesty, integrity, courage, humility, kindness, generosity, trustworthiness and a sense of justice.</li> </ul>	
<p><b>Key questions:</b></p> <p>Who do you know that you look up to/admire?</p> <p>Why do you admire them?</p> <p>What virtues do they show?</p> <p>How can we become more like our heroes?</p>	<p><b>Learning activities:</b></p> <p><b>Starter:</b> Unsung heroes</p> <p>In the last lesson, we looked at some of the famous people who have received honours from the Queen for doing extraordinary things. However, many of the people that the Queen gives honours to are people that we will never have heard of! People nominate people from their own community and people that they know, who have made a huge difference.</p> <p>You might want to share a few examples from your own local area. There are some examples here: <a href="https://www.expressandstar.com/news/2019/12/27/unsung-heroes-recognised-in-new-years-honours/">https://www.expressandstar.com/news/2019/12/27/unsung-heroes-recognised-in-new-years-honours/</a> [accessed 21.05.2020].</p> <p><b>Activity 1:</b> Our heroes</p> <p>Not all heroes need to do big or extraordinary things. Sometimes a hero is someone who makes a difference in a smaller way like being a great friend, helping their neighbours or persevering at something really difficult.</p> <p>Ask children to think of someone they know personally, that they look up to or admire. Teachers may want to share a personal example.</p>	

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Ask children to create a profile for their chosen hero which includes:

- Name and a picture.
- Why they are a hero.
- What virtues they show.

Children could present their heroes to their group/class or you could create a gallery of heroes in the classroom.

## **Activity 2:** Becoming like our heroes

Having heroes can help us to become the people that we want to become/our best selves. How can we become more like our heroes?

Create a class brainstorm on the board (e.g. spend time with them, watch how they do things, think about how they might respond in a particular situation and ask their advice).

Emphasise that we don't want to become identical copies of our heroes, we are unique. However, we can learn from other people around us.

## **Plenary:** 5 finger reflection

Show an outline on the board of a hand and ask the following questions:

- Thumb: What have you learnt in this lesson?
- Pointing finger: What virtues have you used today?
- Middle Finger: Did you find anything difficult today?
- Ring Finger: Who did you help today?
- Pinkie Promise: What will you make sure you remember from today's lesson?