

The Character Curriculum

Flourishing for Life



<p>Y3: Screen time L3 - Screen time dilemmas</p>	<p>Learning objective:</p> <ul style="list-style-type: none"> - Give advice about screen time use. 	<p>Key vocabulary: Agony aunt, anxious</p> <p>Key virtues: Self-control, curiosity, motivation</p>
<p>Resources:</p> <p>PowerPoint</p>	<p>Statutory links: Health Education (2020) Pupils should know:</p> <ul style="list-style-type: none"> - About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing. - The benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness. - Simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests. 	
<p>Key questions:</p> <p>What is the problem in the moral dilemma?</p> <p>What virtues might be needed?</p> <p>Are there clashing or competing virtues?</p> <p>What do you think a wise thing to do is?</p> <p>What advice can you give to someone who is struggling to control their screen time?</p>	<p>Learning activities:</p> <p>Starter: Wise words</p> <p>Look at the quotation from Stephen Spielberg on the PowerPoint (explain who he is, if children are unfamiliar).</p> <ul style="list-style-type: none"> - What do you think he is saying? - What negative effects of technology is he particularly concerned about? - What do you think about his ideas? <p>Activity 1: Moral dilemma</p> <p>Look at the moral dilemma together in groups, working through the following questions:</p> <ul style="list-style-type: none"> - What is the problem? - How would you feel? - What virtues might be needed? - What do you think the 'wise' thing to do is? Is there more than one solution? <p>Activity 2: Agony aunt</p> <p>Look at the agony aunt letter on the PowerPoint.</p>	

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What suggestions can you make to help Sally?

Ask children to write her a letter with some advice and encouragement.

Plenary: Top tips

Ask children to draw around their hand and, on each finger, write down a tip to help have a healthy balance of screen time.