

The Character Curriculum

Flourishing for Life



<p>Y4: Families L3 – How might families change?</p>	<p>Learning objective:</p> <ul style="list-style-type: none"> - To identify ways that families might change and the virtues that may be needed in these situations. 	<p>Key vocabulary: Bereavement, divorce, separation, change Key virtues: Compassion, kindness, resilience</p>
<p>Resources:</p> <p>PowerPoint</p> <p>Changing families scenarios (resource 1)</p>	<p>Statutory links: Relationships education (2020) Pupils should know:</p> <ul style="list-style-type: none"> - That families are important for children growing up because they can give love, security and stability. - The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives. - That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care for them. 	
<p>Key questions:</p> <p>What are the different ways that families might change?</p> <p>What virtues help us to deal with change?</p> <p>What virtues might we need to help us to help our friends in times of change?</p> <p>How can we help someone who is experiencing change in their family?</p>	<p>Learning activities:</p> <p>Starter: Change</p> <p>Ask the children to think about a time when they experienced a big change – it might be moving class, moving house, a new brother/sister, a new pet.</p> <p>With a partner, ask them to discuss:</p> <ul style="list-style-type: none"> - What was the change? - How did it make them feel? - What helped them with the change? <p>Activity 1: Changing families</p> <p>Sometimes families change – this may be through bereavement, a divorce or separation, a new relationship, a new baby...</p> <p>Brainstorm all of the different ways that families might change.</p> <p>Explain that change is often difficult and if our family is changing, we might find it a difficult time.</p>	

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What virtues might help us to deal with change? You may wish to explore the meaning of resilience and what this might look like. What virtues might we need to help our friends with change in their families?

Activity 2: What might help?

In small groups, look at different scenarios around changing families.

Ask children to complete the table to show:

- The change that was happening.
- What the person might be thinking and feeling.
- Strategies to help.

Model an example on the board together first.

Plenary: Helping others

How can we help a friend who is experiencing change in their family? Think of 3 things that you could do. What virtues might you need to show?