

The Character Curriculum

Flourishing for Life



<p>Y4: Harmful substances L3 - Making good choices</p>	<p>Learning Objective:</p> <ul style="list-style-type: none"> - To use reasoning to discuss a moral dilemma. 	<p>Key vocabulary: Drugs, physical effects, achievements, unpredictable Key virtues: Critical thinking, confidence, integrity</p>
<p>Resources:</p> <p>PowerPoint</p> <p>Outline of a person (can be printed from PowerPoint)</p> <p>KWL grid (lesson 1)</p>	<p>Statutory links: Health Education (2020) Pupils should know:</p> <ul style="list-style-type: none"> - The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking. 	
<p>Key questions:</p> <p>Are all drugs harmful?</p> <p>Why do you think alcohol and tobacco cause more deaths than other drugs?</p> <p>What effects (apart from physical) do drugs have?</p> <p>How could harmful substances affect your future goals?</p> <p>Where can you find the answers to remaining questions about harmful substances?</p>	<p>Learning activities:</p> <p>Starter: Fact or fiction?</p> <p>Read out each statement and ask children to move to one side of the room if they think it is fact, and the other side if they think it is fiction. Discuss each statement in turn.</p> <ul style="list-style-type: none"> - All drugs are harmful - Alcohol and tobacco cause more deaths than any other drug. - Drugs change the way you act and feel. - Alcohol is more dangerous for children than for adults. - Drugs have the same effect on everyone that takes them. <p>Activity 1: Moral dilemma</p> <p>Read through the moral dilemma and discuss the following questions:</p> <ul style="list-style-type: none"> - What is the problem? - What virtues are involved? - What is a 'wise' solution? Is there more than one? 	

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Activity 2: Future me

Think about the adult that you want to be.

Write words/phrases about the outline of the person – this could include achievements such as the job you want or virtues e.g. generosity.

How could harmful substances affect these goals? (e.g. if you spend lots of money on cigarettes, it will be harder to save for a house, if you drink too much, it can make your behavior unpredictable and damage friendships).

Plenary: What have you learned?

Refer back to your KWL grid from the first lesson. Have all the questions been answered? What have you learned? How can we find out the answers to remaining questions?

