

Barriers To Learning

The work is too difficult.
It takes too long.
You have to sit still in a classroom.
You're all expected to be and think the same.
It frustrates me.
I need silence to work and there's a lot of noise and talking.
I can't concentrate.
I got the first bit wrong, so I don't want to do any more.

I can't see the point of learning.
My friends don't want me to study.
Teachers always think they're right.
I don't like my teacher.
I'm not in the mood.
I might fail and I'll look stupid.
I disagree with the things we're learning.
The teachers talk too much.
I'm learning stuff that's pointless.

Which Ones **Relate** To...

- Your own motivations?
- What you're learning?
- The environment
(too much noise, not enough space etc.)?
- How you're feeling?
- Whether you believe you can do it or not?

Overcoming **Barriers**

- When it gets too difficult I...
- When I have too many things to do I...
- When I can't concentrate I...
- When I can't see the point I...
- When I make a mistake I...
- When my friends don't want me to learn I...
- When the teacher makes a mistake I...
- When I'm afraid I will fail I...
- When I hear something I disagree with I...