

Barriers To Learning

The work is too difficult.

It takes too long.

You have to sit still in a classroom.

You're all expected to be and think the same.

It frustrates me.

I need silence to work and there's a lot of noise and talking.

I can't concentrate.

I got the first bit wrong, so I don't want to do any more.

I can't see the point of learning.

My friends don't want me to study.

Teachers always think they're right.

I don't like my teacher.

I'm not in the mood.

I might fail and I'll look stupid.

I disagree with the things we're learning.

The teachers talk too much.

I'm learning stuff that's pointless.

Which Ones **Relate** To...

- Your own motivations?
- What you're learning?
- The environment
(too much noise, not enough space etc.)?
- How you're feeling?
- Whether you believe you can do it or not?

Overcoming **Barriers**

- When it gets too difficult I...
- When I have too many things to do I...
- When I can't concentrate I...
- When I can't see the point I...
- When I make a mistake I...
- When my friends don't want me to learn I...
- When the teacher makes a mistake I...
- When I'm afraid I will fail I...
- When I hear something I disagree with I...