Generosity

THE JUBILEE CENTRE
FOR CHARACTER & VIRTUES

An easy way to be generous is to make something and give it away. Cakes are always well received so here is a simple, no-oven recipe that you could make with your child to share with others. Fifteens are a traditional Northern Irish treat.

Fifteens

Ingredients:

15 digestive biscuits
15 marshmallows
15 glacé cherries
1 tin condensed milk
100g desiccated coconut

Photo credit: Alamy

Method:

1) Crush the digestive biscuits using a rolling pin.
2) Chop the cherries and marshmallows into quarters.
3) Mix the crushed biscuits, marshmallows, cherries and condensed milk together.
4) Sprinkle half of the desiccated coconut onto a sheet of cling film and tip the mixture onto it. Form the mixture into a log shape.
5) Put the remaining desiccated coconut on top and then wrap the log tightly in the cling film.
6) Leave to chill in the fridge for 4-6 hours before slicing.

Discuss: Generosity does not always have to include giving 'things.' You could also be generous by: smiling at everyone you meet, holding a door open for someone, spending time helping a friend.
Share how different family members have been generous today. Was it easy or hard? Why? How did it make you feel? Was anyone generous to you today?