

# CARING HANDS

## SESSION A



### Caring is:

- \* Treating people, living things and delicate objects with gentleness.
- \* Giving attention to someone who needs help or is sad.
- \* Looking after yourself by eating the right things and keeping yourself clean.

### Without caring:

- \* People would get hurt or sick and there would be no-one to help them get better.
- \* Precious things would get broken or damaged.
- \* Animals would not get fed or exercised.
- \* Nowhere would be clean and there would be litter and rubbish everywhere.

### LEARNING OBJECTIVES:

#### To learn how to be caring with our hands.

#### Preparation:

Divide the class into two and ask your TA to be ready to take one of the groups during the circle time activity. Ensure that your TA has read the teacher talk so that they can guide, praise or correct.

#### Suggested Resources:

Two cuddly toys.

#### Script:

“Today we are going to learn how to be caring with our hands. I have brought in [name the cuddly toy] who is very nervous today. How do you think she would like to be stroked?” Pick one or two children to

demonstrate gentle stroking. “How do you think she is feeling now that she is being stroked so gently?”

#### Suggested Activities:

Circle time. Tell the children that during this circle time they will take turns to show everyone how to gently stroke the cuddly toy. While they are doing this they can tell the rest of the circle how they show caring to their pets at home. They must only speak when they have the cuddly toy. Divide the class into two groups with one being supervised by your TA. Pass around the cuddly toy so that each child demonstrates careful stroking before they speak. Remember to use the teacher talk below to guide, praise or correct.

### Character Coaching

#### Guidance:

Remember to be very soft and gentle when you stroke.

#### Meaningful Praise:

I am impressed by how gently you are stroking her!

#### Correction:

Please be gentle when you are stroking, that's a little too rough.

#### Plenary:

Thank the children for making [name of cuddly toy] feel safe and well cared for.

Where else might we see caring hands? Ask the children to look out for people using caring hands so that they can share this with the class in the next lesson.