

CARING FOR OURSELVES - EARS



LEARNING OBJECTIVES: To learn how to care for our ears.

Suggested Resources:

A cuddly toy. A bell, or similar item which will make a noise. A large scientific model of the ear or a poster. A cuddly toy with prominent ears – a cat or a dog is ideal.

Preparation:

Ask a TA or one of your children to have the bell ready to ring when you ask them to.

Re-read last week's definition of caring and ask the children to share their examples of why and when people and living things should be treated with care.

Script:

[Hold up the cuddly toy and point to its eyes and ears when these are mentioned] "Last week we learnt about keeping our eyes safe because our sense of sight is so important and our eyes are so delicate. Hearing is another of our senses. If you look at [name of your toy] you will notice that he turns his ears in the direction of any noise. [TA rings the small bell or clicks fingers. Turn the animals head and ears towards the sound.]

Our ears do not need to turn about, as we are able to catch sound waves from any direction, and funnel

them into our ears. Sometimes if we hear something very faintly in the distance we may turn in that direction to improve our chances of hearing more clearly.

Our ears are very sensitive and we need to practise great care so that our hearing is protected. [Hold up the ear defenders] What are these and what do they protect our ears from? How else should we protect our ears?"

Suggested Activities:

Pick several children at random and have them turn away from you with their eyes closed.

Make each sound listed below in turn, and see if they can identify it.

Shake some coins in a plastic cup; click fingers; tap a pencil on a desk; pour water from one cup into another; close a book; crumple up paper or foil; and tear some paper.

Plenary:

Ask a selection of children to share at least one new thing that they have learned about caring for their ears today.