

CARING FOR OTHERS AND FAMILY

SESSION A



Caring is:

- * Treating people, living things and delicate objects with gentleness.
- * Doing your very best with your school work or with a job that you have been asked to do.
- * **Giving attention to someone who needs help or is sad.**
- * Looking after yourself by eating the right things and keeping yourself clean.

Without caring:

- * People would get hurt or sick and there would be no-one to help them get better.
- * Precious things would get broken or damaged.
- * Animals would not get fed or exercised.
- * Nowhere would be clean and there would be litter and rubbish everywhere.

LEARNING OBJECTIVES:

To recognise when someone needs help or is sad.

Suggested Resources:

Enough space to allow the role play in pairs. If space is insufficient, half the class could storyboard the role play and then move to acting it out.

Script:

“In our session today we are going to explore how we would show caring for someone at home who needs help. In the role play you will work with a partner to demonstrate first an uncaring attitude, and then a caring one.”

Scenario 1: You see that your father [or another adult

Character Coaching

Use the phrases below to comment on the character actions in the play.

Guidance:

How do you think you could show caring for your father who is looking so tired?

Meaningful Praise:

I can see how caring you are being by helping with the washing up.

carer] is looking very tired and has lots of housework to do. You choose to watch your favourite television show instead of helping.

Scenario 2: You see that your father is looking very tired and has lots of housework to do. You decide to practise caring - what will you do to help?

Suggested Activities:

Choose a pair of children to role play scenario 1 [without caring]. At appropriate moments `freeze the scene` and ask the children who are watching to tell you how the father might be feeling. Repeat for scenario 2.

Correction:

What you are doing right now (e.g. watching television) doesn't really show caring: what can you do differently?

Plenary:

Ask the children to share one thing that they might do to show caring for their family.

