

# CARING FOR OTHERS AND FAMILY

## SESSION B



### Caring is:

- \* Treating people, living things and delicate objects with gentleness.
- \* Doing your very best with your school work, or with a job that you've been asked to do.
- \* Looking after your friends.

### LEARNING OBJECTIVES:

**To recognise that friends should care for each other.**

### Suggested Resources:

Enough space to allow the role play in pairs. If space is insufficient, half of the class could storyboard the role play before acting it out, or arrange children into groups of four - two parents and two children. Use the free software 'The Hat': <http://www.harmonyhollow.net/hat.shtml> [available 03/15] to randomly pick pairs or groups of children to encourage children to work with someone new.

Re-read the definition of caring and ask the children to share the caring thing that they chose to do for their family. Use teacher talk to offer praise and encouragement.

### Script:

"In our session today we are going to explore how we would show caring for a friend who is sad or needs

### Character Coaching

Write these phrases where the rest of the class can see them. Ask some of the observing children to be ready to use these phrases during 'freeze the scene' when they talk to the actors.

### Guidance:

How do you think you could support your friend who is looking so sad?

### Meaningful Praise:

I can see how caring you are for your friend by trying to find out why they are upset.

help. In the role play you will work with a partner to demonstrate first an uncaring attitude, and then a caring one."

**Scenario 1.** You see that your friend is looking very sad in the playground, but you choose to play with someone else instead of showing caring.

**Scenario 2.** You see that your friend is looking very sad in the playground, but this time you choose to practise caring to see what you can do to help.

### Suggested Activities:

Choose a pair of children to role play the scenario 1 [without caring] at appropriate moments 'freeze the scene' and ask the children who are watching to tell you how the friend might be feeling. Repeat for scenario 2.

### Correction:

By playing with someone else, it may make your friend think that you don't care. What can you do differently to show that they matter to you?

### Plenary:

Ask the children if they have ever felt sad and needed support. If time permits play the song 'Lean on Me' by Bill Withers.