

# CLEANLINESS AND ORDERLINESS

## SESSION B



### Cleanliness is:

- \* Washing your hands after going to the toilet and before you eat or touch food.
- \* Having a shower, bath or a wash so that your body is clean.
- \* Cleaning up food that you have dropped or spilled.
- \* Putting things away when you have finished using them.
- \* Having a Place for Everything

### LEARNING OBJECTIVES:

**To understand that a clean orderly environment has a positive influence on how we feel.**

### Suggested Resources:

*The Tidy Up Song* by Michaela Smith available on You Tube.

### Preparation:

A4 sheets of paper folded in half. Vocabulary of words on the board:

Peaceful, content, happy, relaxed, sad, worried, angry –matching emoticons.

### Script:

“Last week we discovered the importance of putting everything back where it belongs so that we can find it easily the next time we need it. Today I would like

to explore how it feels when the space we are in feels clean and orderly or when it’s dirty and untidy.”

“What does it feel like when we are in a room that’s very messy?” If needed make reference to some of the positive and negative emotions on the board and the related emoticons. “How do you feel when you enter a room that’s very orderly or tidy?”

### Suggested Activities:

Take an A4 sheet of paper and fold it in two, ask the class to create a picture of their favourite space, bedroom or play area with everything they like to use in the right place. Ask them to add an emoticon or smiley face with some of the positive feelings from the board.

### Character Coaching

#### Guidance:

Please practise cleanliness/orderliness by putting things back when you have finished with them.

#### Meaningful Praise:

Well done you have made the class clean and tidy again. How is this going to be helpful to us all tomorrow?

#### Correction:

The equipment that you were using has not been put away. What problem might your friends have if they are trying to find it tomorrow? What do you need to do now?