

# CLEANING OUR TEETH



## Cleanliness is:

- \* Keeping your body clean.
- \* Having a shower, bath or a wash so that your body is clean.
- \* Flushing the toilet and leaving it clean and tidy for the next person who uses it.
- \* Washing your hands after going to the toilet.
- \* Cleaning up food that you have dropped or spilled.
- \* Putting things away when you have finished using them.
- \* Keeping your teeth clean.

## LEARNING OBJECTIVES: To learn how to clean our teeth.

### Suggested Resources:

The Children's University of Manchester has an interactive teeth cleaning animation which could be shown using an interactive whiteboard with the whole class or used individually by each child.

<http://www.childrensuniversity.manchester.ac.uk/interactives/science/teethandeating/brushingyourteeth/>  
[available 03/15]

## Character Coaching

### Guidance:

If you are going to keep your teeth clean and healthy you will need to pay attention to the instructions in the animation.

### Meaningful Praise:

You really understand how to clean your teeth properly. What benefits is this going to have for you when you are my age?

### Script:

"This week we are going to learn how to clean our teeth properly." Click on the hyperlink above to view the animation. When the animation finishes ask the children to name the four key instructions for effective teeth cleaning.

"Now I would like you to write an instructional poster for younger children that will guide them through the task. Remember the four key instructions!"

### Plenary:

Complete the short interactive quiz as a whole class.

### Correction:

Have another look at the instructions for teeth cleaning. What have you missed?