

CLEAN UP YOUR ACT!



Cleanliness is:

- * Getting rid of unpleasant personal habits.
- * Having a shower, bath or a wash so that your body is clean.
- * Flushing the toilet and leaving it clean and tidy for the next person who uses it.
- * Washing your hands after going to the toilet.
- * Cleaning up food that you have dropped or spilled.
- * Putting things away when you have finished using them.

LEARNING OBJECTIVES:

Being able to recognise bad habits and knowing that they can and do need to be changed.

The Cambridge Online Dictionary gives this definition of 'cleaning up your act': to start to obey certain laws or generally accepted standards of behaviour.

Script:

Fred needs to clean up his act – here's a list his bad habits.

When he makes sandwiches for his friends he's always in too much of a hurry to wash his hands.

He throws his litter out of the car window.

When he can't find anywhere to put his empty drinks can, he leaves it for somebody else to deal with.

He never tidies his bedroom.

When he leaves the dinner table he leaves his plate on the table for mum to clear up.

He leaves his lunch box in school for days on end until he is too afraid to open it.

He doesn't wash or use a deodorant.

He wears the same socks for a whole week.

He swears at other children when he thinks no adults are listening.

Reflection: How would you feel about having Fred as a friend?

What would Fred need to do to earn your friendship?

Suggested Activities:

Write a letter to Fred explaining what he needs to do to 'clean up his act', or reflect on some habits that you would like to clean up or change.

Character Coaching

Meaningful Praise:

Well done you have really given Fred clear instructions on 'cleaning up his act!'

Correction:

Cleanliness is a real problem for Fred and he needs good advice from you in 'cleaning up his act'. Please rethink your advice again so that it is responsible and helpful.