

COMING TO SCHOOL

SESSION B



LEARNING OBJECTIVES:

To be able to understand that sometimes it takes courage to come to school.

Script:

“Have you ever woken up in the morning and thought ‘I don’t want to go to school today’? Well, there are many children and even adults who have felt this way at some point. Today, we will look at some of the reasons why people may feel this way and talk about how we can use courage to help us on days like this.

Suggested Resources:

Problem and solution cards.

Suggested Activities:

Ask children to talk to a partner and try and think about a reason why somebody might wake up and not want to go to school. Suggestions might be:

- * They don’t want to leave their mum and dad.
- * There is someone at school who has been unkind to them.
- * They have a test to do and they are worried about the test.

Character Coaching

Meaningful Praise:

Some of you showed courage today by sharing your thoughts and admitting that you sometimes find it hard to come to school. That was brave of you.

- * They were told off by the teacher or another adult on the day before.
- * They have not done their homework and the teacher is expecting it in today.

Gather some ideas in from the children and ask them if they have ever felt this way. Can the children think of adjectives to describe how they felt/how they might feel in these situations?

Children work in groups to match the problem and solution cards.

Plenary:

Work through each of the different scenarios and get feedback from the children about which solutions they chose and why. Talk about how it would have taken courage to have faced the problem and come into school on each of those days.

COURAGE

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