LEARNING FROM MISTAKES



SESSION B

LEARNING OBJECTIVES:

To be able to learn from mistakes that we have made.

Script:

Last week we talked about learning from our mistakes. We need to remember four things:

- 1) We all make mistakes sometimes and should not be afraid of them.
- 2) We need to recognise our mistakes.
- 3) We need to make our mistakes right, or make amends (e.g. saying sorry).
- 4) We need to learn from the mistakes that we make.

Suggested Resources:

Letter writing paper for each child.

Character Coaching

Meaningful Praise:

It takes courage to admit when we are wrong.

I appreciate your courage in sharing your letter with us.

Guidance:

How could you use courage to overcome your worries?

Suggested Activities:

Ask the children to think about a time when they have made a mistake but did not put it right. They may have even made the same mistake again. You may need to ask the children to share some examples to help others. Explain to the children that they are now going to write a letter to themselves (this is like making their conscience aware of the error) explaining what the mistake was, why it was a mistake, how they would put it right if they could go back and also what they have learned.

Plenary:

Ask the children if anyone could show courage and share their letters with the rest of the class.

Correction:

Remember that when people are sharing their mistakes with you, it takes a lot of courage and we should show our respect by listening carefully.

You may not want to admit your mistakes, but it is important to be brave enough to try.

