

# PEOPLE WHO INSPIRE US

## SESSION A



### Determination is:

- \* Simply not giving up.
- \* The will to keep on going.
- \* Trying to do something even when you find it difficult.
- \* Having willpower.
- \* 'Stickability'.
- \* Making your dreams come true.

### Without determination:

- \* People would give up as soon as they find something too challenging.
- \* We would not reach our full potential.
- \* Learning would have its limits.

### LEARNING OBJECTIVES:

**To be able to know what qualities a person needs to succeed.**

#### Script:

“Talk to a partner about what the word ‘inspire’ means to you. Can you create a definition for the word?” (Ask the children to share their responses with the class. Create a collaborative definition). “Today, you will be thinking about inspirational people. You will need to research the life of someone who inspires you and identify if and where they have used determination to succeed. You will then start to prepare a presentation to share what you have found with the rest of the class.”

#### Suggested Resources:

Laptops/ICT equipment for research, inspirational people images.

#### Suggested Activities:

Organise the children into groups. On each table, display an image of an inspirational person. Ask the children to discuss the picture in groups using the following questions as prompts:

1. Who is this person?
2. What is the person famous for? What do they do? What have they achieved?
3. Has this person used determination to succeed? What other special qualities do you think this person has?
4. Children feed back to the class.
5. Next ask the children to begin their research – explain that they will be presenting their research about a person that inspires them in the following lesson. Their presentations must include the following (Success Criteria):
6. Who is the person?
7. A brief summary of their life (biography).
8. How did they use determination to achieve their success?
9. What other special qualities does the person possess?
10. Why do they inspire you?



**Plenary:**

Explain to the children that all of these inspirational people had to have determination to succeed. Discuss what it means to be determined. Ask the children

to continue their research at home if they need to, and as homework they can prepare and practise their presentations.

**Character Coaching**

**Guidance:**

How can you inspire others?

**Correction:**

Remember, success doesn't have to be about money, fame or major achievements: you'll see lots of examples of success in our classroom and at home and we can learn a lot from those examples of people doing things well.

**Meaningful Praise:**

You showed some of the qualities that are needed to succeed by presenting to the rest of the class.

