# ACHIEVING YOUR POTENTIAL



## LEARNING OBJECTIVES:

## To be able to research the life of someone who has shown determination.

#### Script:

"What did we learn in last week's lesson? What virtues did Dr Guttmann show? Today we will research the life of a British Paralympian, i.e. Baroness Tanni Grey-Thompson, and create a large class fact file/display about her life and journey to success."

#### Suggested Resources:

Display materials, biographical summary of Baroness Tanni Grey-Thompson, http://www.tanni.co.uk/ [available 03/15], laptops/ ICT resources etc..

#### Suggested Activities:

Ask the children to work in groups to research. Allocate an aspect of the athlete's life to each group, e.g. early childhood, training, Olympic success etc..

Explain to the children they will need to record their findings in such a way that they can be displayed in the classroom or an appropriate place in the school (this could form part of Disability Awareness Week in school).

#### Plenary:

Ask the children to explain about qualities they needed to show in order to work together to complete the task. Now explain to the children to think about these qualities when collating the display together.

### Character Coaching

#### Guidance:

How can we share what we have learnt about determination with others?

#### Meaningful Praise:

You all demonstrated your determination by working as a group to complete the task set.

#### Correction:

I've noticed that sometimes you give up before you have finished something. What could you do, like Dr Guttmann, to keep going when things are difficult?

