

# POSITIVE ROLE MODELS



## Forgiveness is:

- \* Having a change of feelings from negative to positive.
- \* Accepting someone's apology and not holding a grudge.
- \* Letting go of negative feelings towards people who may have done wrong towards us.

## Without forgiveness:

- \* People would hold on to negative feelings towards those who have done wrong towards them.
- \* Friendships would probably not last very long.
- \* Conflicts would not get resolved.

## LEARNING OBJECTIVES:

**To understand the positive qualities of others who have found it in their hearts to forgive.**

### Suggested Resources:

- \* [http://www.bbc.co.uk/schools/primaryhistory/famouspeople/nelson\\_mandela/](http://www.bbc.co.uk/schools/primaryhistory/famouspeople/nelson_mandela/) [available 03/15]
- \* <https://youtu.be/FHR7MvaSMck> [available 03/15]
- \* <https://www.tes.co.uk/teaching-resource/nelson-mandela-power-point-presentation-3006246> [available 03/15]
- \* Laptops/ICT equipment for research.

### Script:

“Today, we are going to look at the life of a very famous, inspirational person who, despite being ill-treated and put in the most desperate situations, still found it in his heart to forgive and move on in his life. This person is Nelson Mandela.

### Suggested Activities:

Ask the children to talk to their partner about someone who is a role model for them. Receive feedback from the children and then introduce the main focus of the lesson - Nelson Mandela, who has been a role model for so many people because of the forgiveness that he showed to those who had

imprisoned him. During the course of this lesson and the next the children will undertake research and prepare to present their findings to the rest of the class. The children should present their work in a format of their choosing e.g. PowerPoint, poster or a booklet etc.

### Research questions:

1. Who was Nelson Mandela?
2. What was apartheid and how did it affect South Africa?
3. Why was Mandela sentenced to life in prison? Where was the prison?
4. How long was he in prison for? What were those years like for Mandela?
5. How and why did Nelson Mandela show forgiveness to those who had imprisoned him?

### Plenary:

Ask the children to share some of their preliminary research and help them to draw out the concept of forgiveness and how this enabled Nelson Mandela to triumph over hatred.



## **Character Coaching**

### **Guidance:**

Remember what Nelson Mandela said – *‘If you want to make peace with your enemy, you have to work with your enemy. Then he becomes your partner.’*

The experiences of Nelson Mandela are extreme and we are unlikely to encounter anything like this in our lifetime. If he can forgive these people we should be

able to forgive those who have done wrong against us.

### **Meaningful Praise:**

Well done, you have shown courage. *‘Courageous people do not fear forgiving, for the sake of peace.’* (Nelson Mandela).

