

# PROBLEM SOLVING - SOLUTIONS FOCUSED APPROACH GUIDANCE SHEET



This four step approach could be utilised not only with pupils but also with colleagues and parents.

## 1. Build on success

Do children know what success looks like at the beginning of the lesson?

*‘What did you do that made that happen?’*

*‘What helped you to be able to do that?’*

Focus on past behaviour/scenarios when they have succeeded.

Effective AfL (Assessment for Learning) is key to developing and improving behaviour.

## 2. Exception finding

*‘Is there any time when the behaviour doesn’t occur?’*

*‘What is different about the times that go better?’*

*‘How could more of that happen?’*

## 3. Exploring the preferred future

*‘If you could wave a magic wand and the problem disappeared what would your life be like?’*

## 4. Using rating scales

*‘On a scale of 0 – 10 with 0 representing no confidence at all that you can reach your goal and 10 meaning you will reach it, where would you say you are now?’*

*‘What would be needed to move to the next number on the scale?’*

Conversation with pupils about how they can move forward should be conducted in small steps along the scale.

