

# PROBLEM SOLVING - SOLUTION FOCUSED APPROACH



## LEARNING OBJECTIVES:

**To know that problems can be solved by talking through them with someone that will listen.**

### Script:

“Today we are going to look at how we can solve a problem using a particular approach where we can talk about how we feel during these times of difficulty and also how we feel when we do the right thing.”

Introduce the model of solution-focused approach to the children - four stages as follows:

1. Build on success.
2. Exception finding.
3. Exploring the preferred future.
4. Using ratings scales.

### Suggested Resources:

Forgiveness Year 6 Guidance Sheet  
Forgiveness Year 6 Scenario Cards.

## Character Coaching

### Guidance:

Please remember to speak in a kind way when putting your point across.

### Meaningful Praise:

I am pleased that you used the skills of communication to promote forgiveness and solve the problem.

### Suggested Activities:

Organise the children into small groups to rehearse, using sample scenario cards. The children are designated to three roles - observer, facilitator and participant. Children are given the opportunity to experience each role. The observer provides feedback at the end of the session.

### Plenary:

Explain to the children that when we understand that there are solutions to our own problems, we can help others. We can learn that other people face difficulties in their lives and can sometimes make bad decisions. It is important for us to remember that it is the person's decision that is bad and not the person themselves.

### Correction:

Please remember the ground rules. It is important that everyone has an equal opportunity to share their side of the story without being interrupted.

It seems to me that you are angry at what is being said. Please do allow X to keep speaking and you will have an opportunity to share your side and be listened to afterwards.