

DEVELOPING FRIENDSHIPS THAT LAST

SESSION A



Friendliness is:

- * Being kind and pleasant to others; acting in a friendly manner.
- * Not being hostile to others.
- * Sharing your time and taking an interest in others.
- * Making a newcomer feel welcome.

Without friendliness:

- * People would not feel loved or welcomed by others.
- * There would be far more unhappiness in the world.

LEARNING OBJECTIVES:

To be able to know what makes a strong friendship.

Script:

“Building strong, long lasting friendships is not always an easy thing to do and this can be for any number of reasons. Long-lasting, strong friendships are built on solid foundations. One of the key values of friendship is trust. As we grow up, we learn that some people are more trustworthy than others and being able to trust somebody is a good starting point for a friendship.”

Suggested Resources:

A soft piece of material to use as a blindfold – one between two children.

Set up simple obstacle courses for small groups in the class. Make sure the obstacle course is safe and that there is plenty of space in the room.

Suggested Activities:

Organise the children into pairs and explain to them that they will be playing a game of trust. Explain that they will take it in turns to be blindfolded and that their partner will guide them through an obstacle course (it is useful for the partner not to see the course in advance and for the course to be changed before each person takes their turn). You will need to go over ground rules with the class – ask them to come up with ideas for these before you start e.g. the need for clear instructions, the need for the blindfolded person to listen carefully, take it slowly, be sensible etc.

Each pair should now take it in turn to guide their partners through the course.

Plenary:

Ask the children to feed back about how the activity went. Did they trust their partner? What helped them to trust them? Why was trust so important in this activity? Why is trust so important in friendship?



Character Coaching

Meaningful Praise:

Thank you for working so well with each other today. It was really pleasing to see so many of you being trustworthy and trusting your friends. How do you think we can use what we found out about trust in our class, perhaps when we are learning, or even at playtimes?

Guidance:

Sometimes it can be hard to trust people. Remember that we have to earn the trust of people and prove ourselves as trustworthy people.

Correction:

I noticed that you were joking around during the exercise, which made it difficult for the person you were leading to trust that you were leading them carefully. Have another go and see if you can help the person to really trust that you are leading them well.

