

WHO HELPS YOU?

SESSION A



Helpfulness is:

- * Being there for other people when they need it.
- * Thinking about the needs of others, often before yourself.
- * Being aware of others around you and offering a service.

Without helpfulness:

- * Sometimes people would have to struggle to do things by themselves.
- * It would take longer for us to get things done.
- * We would not know what it feels like to be supported or to do a good deed.
- * People would become more selfish and not think about the feelings of others.

LEARNING OBJECTIVES:

To be able to think about who helps us in our world and how.

Suggested Resources:

Images of people in society who help us (A3).
Outlines of children's hands (draw round and cut out prior to the lesson). Blue Tac.

Script:

"Today we are learning all about people who help us. I have brought in some pictures but before I show them to you, can you think of some people who help us? Think about school, home and around where we live." Take the ideas from the children and if they match the pictures you have prepared, reveal them to the children.

Character Coaching

Guidance:

How could you help your table to tidy up?
Can you think about times when you need people to help you?

Meaningful Praise:

Thank you for being so helpful today! It made my job easier knowing that you were doing...
Thank you for tidying up the equipment you used, that was so helpful, because it saved me time and I could go home to my family earlier.

Suggested Activities:

Give one cut-out hand to each child. Work your way through each of the images, asking the children to share ideas about how the different people help us. When children give a suggestion, they give you their 'hand'. If children have used their hands, then they have taken their turn. Encourage all children to contribute; if they cannot think of an answer, they can give their hand to someone else or offer a suggestion on their behalf. You can record the children's answers on the hands and stick them around the relevant pictures. Explain to children that these are the 'helping hands' of these people.

Correction:

How could you have been more helpful today?
Can you tell me why it is important to always say thank you when somebody helps us?

Plenary:

Thank the children for their ideas in the lesson. Explain to them that they have been helping each other and you by sharing their thoughts. Ask the children to think about helpfulness during the day and take notice of when others help them.