# WHO HELPS YOU? SESSION B



## LEARNING OBJECTIVES: To be able to understand the ways in which people in our community help us.

#### Suggested Resources:

You may wish to invite community police officer/ paramedic to come in and speak to the children. Alternatively, you can watch a short video clip about the work of one of these people.

#### https://youtu.be/mw6RBvUmayA [available 03/15]

Dressing up clothes for community helpers e.g. police, fireman etc..

Video recording equipment.

Images of scenarios where police or emergency services are helping others.

Recap on the previous lesson with the children. Discuss some of the people who help us and how.

### Script:

"Today children, we are going to look at some of the people who help us in our community and think about the different ways that they do this. We will

## **Character Coaching**

#### Guidance:

How could you help your table to tidy up?

Can you think about times when you need people to help you?

### Meaningful Praise:

Thank you for being so helpful today! It made my job easier knowing that you were doing...

Thank you for tidying up the equipment you used, that was so helpful, because it saved me time and I could go home to my family earlier. take some of these examples and try and see if we can be like these people. We will try to see if we can talk about what it feels like to help others and to be helped. (Note – you may need to explain the term 'community' but do not shy away from using it.)

#### Suggested Activities:

Following the talk from the visiting adult or the video, ask the children to describe times when they have seen these people helping others. You may want to record these on the board or use the images suggested as a visual reminder for children. Put children into small groups – ask them to choose someone to put on the dressing up clothes. Can they pretend that they are helping someone/being helped by the policeman/ fireman etc.?

Video some of the role play and show to the whole class.

### Correction:

How could you have been more helpful today?

Can you tell me why it is important to always say thank you when somebody helps us?

#### Plenary:

Ask children to share how they felt when they were helping others. How did they feel when they were being helped? Have they had these feelings before? Can they explain when?

