

WHO DO YOU HELP?

SESSION B



LEARNING OBJECTIVES:

To think about other ways that we can help people.

Suggested Resources:

An A4 piece of card folded in half for each child; arts and crafts materials including glue, craft paper, scissors and colours. Text: *Bear Feels Ill* by Karma Wilson and Jane Chapman. Printed text to put in cards e.g. Get well soon, Thinking of you, Sending you a big smile etc..

Script:

“Last week, we talked about the different ways that we already help others in school, at home and in our local areas. Today children, we are going to think of another way that we can help other people. We are going to talk about helping others by cheering them up and making them happy.”

Suggested Activities:

Show children a picture of a person feeling unwell.

You may wish to share the text *Bear Feels Ill*
<https://youtu.be/f6M8ii0AM00> [available 03/15]

Ask the children how Bear’s friends tried to help him feel better. What did each animal do? When a friend or family member gets sick, as adults, we often know

Character Coaching

Guidance:

How do you think that your card will help someone?

Meaningful Praise:

Thank you for making such beautiful cards today.
How do you think the cards that you send will help the people who receive them?

what to do for the best. Sometimes we may just visit them, we may bake cakes or take fruit, and we could take medicine or even do some shopping for them. Explain to children that sometimes it helps for people to just know that you care. Ask the children to think about somewhere locally that there may be people who are unwell e.g. hospital, neighbours, retirement home. Explain to the children that they are going to make cards and that you will post them off to people who are unwell and need cheering up. Show children some pre-made or bought examples, or conduct a search on Google for images of ‘get well soon’ cards.

Set the children the task of making the cards.

Plenary:

Share some of the children’s work with the rest of the group.

Correction:

Leaving the colouring pencils on the floor means that someone else will have to pick them up. Please be helpful and put them back in the pot.