

# PEOPLE WHO HELP US

## SESSION A



### LEARNING OBJECTIVES:

To be able to use movement to think about the people who help us.

#### Suggested Resources:

<http://www.bbc.co.uk/programmes/b03g6v9v>  
[available 03/15]

<http://www.tes.co.uk/teaching-resource/People-who-help-us-Photo-Display-Pack-3004241/> [available 03/15]

ICT – to play audio clip from BBC website; large space

#### Script:

“Today children, we will be talking about the different people that help us and using our bodies and different movements, we will try and think about how they help us.”

### Character Coaching

#### Guidance:

How would you help someone like the doctor/ bus driver etc. did?

#### Meaningful Praise:

I appreciate how helpful you were to others today.  
Did you notice the effect that it had? Can you tell me about it?

#### Suggested Activities:

Ask the children to think about the different people who help us in our daily lives. Share the images from the resources link above with the children and briefly discuss the ways in which the different people help us.

Now explain to the children that we will think about these roles in more detail as we take on the different roles through our P.E. lesson.

Play the BBC clip and work through the lesson with Justin.

#### Plenary:

Ask the children which role was their favourite. Which of these people have they seen helping someone else? Have they ever been helped by one of these people? Share their stories with a partner.

#### Correction:

How do you think remembering what your partner said and remembering which character you are playing will be helpful?

