



HELPFULNESS IN YOUR FAMILY

SESSION B

LEARNING OBJECTIVES:

To be able to think about the ways that you can be more helpful at home.

Script:

“Today children, you are going to use your learning from the last lesson to increase your helpfulness at home. By the end of the lesson, you will have created a timetable of helpfulness to show how helpful you are going to be.”

Suggested Resources:

A blank Monday-Sunday timetable for each child. Consider splitting each day into before school and after school/morning and afternoon.

Character Coaching

Meaningful Praise:

I'd really like to tell your parents about how helpful you have been. What do you think their reaction will be?
You have thought of so many ways to help, well done!

Guidance:

Can you think about times when you need people to help you? What is it like to ask for help? Do you find it easy or hard? How can we find ways of making it easier for you to ask for help when you need it?

Suggested Activities:

Recap on the last lesson and ask children to remind you of their learning. Hand out the blank timetables and ask children to complete them with ideas about what they will do each day to be more helpful at home.

Plenary:

Children write a short note of promise to their parents about how they are going to help out more at home. They put this with their timetables to take home.

Correction:

How could you have been more helpful today?
How would you be more helpful next time?
What would be a more helpful way of doing that?

