

# SECRET AGENTS OF KINDNESS



## LEARNING OBJECTIVES:

**To practise giving and receiving kindness.**

### Suggested Resources:

You will need to print or write the names of each child in the class onto small pieces of paper so that they are ready for drawing out of a hat.

Alternatively you can pre match each child with another.

### Script:

Put everyone's name in a hat and tell the children that they are going to become secret agents of kindness to the 'target' person whose name they will be given. Remind them to keep the name secret. Over the course of the next few days the secret agent should attempt to perform a kindness for their target without giving away their own identity or revealing the name of any other agents or targets. The children can design a secret agent card to keep a list of the missions or kind actions that they undertake. It is important to explain to the children that they should not give purchased gifts but look to prepare something at home connected with the idea of kindness using

their own creativity. Emphasise to the class that they must put the recipient's name on any item to ensure it gets to the right person. They could also look for opportunities to do a kindness for their chosen person such as picking up their coat in the cloakroom, sharpening their pencil, giving up their place in the queue, holding the door open for them etc.

To get the process started print the word **KINDNESS** in large letters or a quotation about kindness, place it in an envelope for each child to take home along with stick on gems or glitter to decorate. The children can return this envelope with the completed card inside to give to the teacher the next day for distribution.

Inspirational pictures, kindness quotes or poems can be written or printed out and left on desks for the recipient.

Bookmarks or other simple craft items can also be made and given. Some other ideas can be found here: <http://www.activityvillage.co.uk/gifts-kids-can-make> [available 03/15].

