



L2 - What is the 'good life'?

### **In My Life – The Beatles**

There are places I'll remember  
All my life, though some have changed  
Some forever, not for better  
Some have gone, and some remain  
All these places had their moments  
With lovers and friends, I still can recall  
Some are dead, and some are living  
In my life, I've loved them all

But of all these friends and lovers  
There is no one compares with you  
And these memories lose their  
meaning

When I think of love as something new  
Though I know I'll never lose affection  
For people and things that went before  
I know I'll often stop and think about  
them

In my life, I'll love you more

Though I know I'll never lose affection  
For people and things that went before  
I know I'll often stop and think about

them

In my life I'll love you more  
In my life I'll love you more

And now, the end is near  
And so I face the final curtain  
My friend, I'll say it clear  
I'll state my case, of which I'm certain  
I've lived a life that's full  
I've traveled each and every highway  
But more, much more than this  
I did it my way

### **My Way – Frank Sinatra**

Regrets, I've had a few  
But then again, too few to mention  
I did what I had to do  
And saw it through without exemption  
I planned each charted course  
Each careful step along the byway  
And more, much more than this  
I did it my way

Yes, there were times, I'm sure you  
knew

When I bit off more than I could chew  
But through it all, when there was  
doubt  
I ate it up and spit it out  
I faced it all and I stood tall  
And did it my way

I've loved, I've laughed and cried  
I've had my fill my share of losing  
And now, as tears subside  
I find it all so amusing  
To think I did all that  
And may I say - not in a shy way  
Oh no, oh no, not me  
I did it my way

For what is a man, what has he got  
If not himself, then he has naught  
To say the things he truly feels  
And not the words of one who kneels  
The record shows I took the blows  
And did it my way  
Yes, it was my way

L2 - What is the 'good life'?



A life that has been predominantly shaped around the **search for knowledge**.

# hedonism

(heed-n-iz-uhm) noun.

- (1) THE PURSUIT OF PLEASURE; SENSUAL SELF INDULGENCE.
- (2) THE THEORY THAT PLEASURE OR HAPPINESS IS THE HIGHEST GOOD AND THE AIM OF HUMAN LIFE.



A life that has been shaped predominantly around the **pursuit of pleasure**, of feelings and sensations that 'feel good'.

A life that has been shaped around the **thirst for power** – or having your way, bringing others round to it, either by force, or by reasoned persuasion.



A life that has been predominantly shaped around the **quest for status, respect, fame, influence**.

A life that has been shaped predominantly around the **pursuit of wealth** and the acquisition of things.



A life that has been shaped around ethical living, around **how to live out morally virtuous activities** – a life that has been marked by feeling, thinking and acting well.

