

Heroes Who mspire

# **RESOURCES** — FOR PUPILS —



## Activity 1

Read the section titled A Childhood (pages 2 to 3) and write down three incidents where Joan serves the needs of others in some way. Explain your choices using the spaces provided below.

An example of when Joan serves others is...





An example of when Joan serves others is...

An example of when Joan serves others is...

Look at the rest of the story and choose your favourite character, aside from Joan. What virtues do they display? Why are they your favourite? Write your answers below.



## The Knightly Virtues

#### The Knightly Virtues Programme 8 virtues

**Humility** — To put the needs of others before your own, and be willing to take care of others as you take care of yourself.

**Honesty** —To be true to yourself and other people.

**Love** — To feel and to show great affection for another person or group of people.

**Service** — Working hard for a person, organisation or country. Helping other people.

**Courage** — Having the strength and will to know what you should do even though you may be afraid.

Justice — To have an understanding of what it is to uphold what is right.

**Self-discipline** — The ability to control yourself and be very organised.

**Gratitude** — To feel or to show appreciation for something that has been done for you.

### **Other Virtues**

Mercy — To show forgiveness to someone who has done wrong.

**Generosity** — To be kind and generous to those around you.

Faith — To stand strong in your ideals and beliefs.

**Nobility** — To be of impeccably strong moral mind or character.

**Hope** — To always keep a positive outlook on how your actions will improve your life and the lives of those around you.

**Strength** — To have the inner resolve to stand firm and not back down.