

A Habit of Service: Research Report

**Online Appendices** 

Youth social action questionnaire (AER)

### **Jubilee Centre for Character and Virtues**

University of Birmingham, Edgbaston, Birmingham, B15 2TT United Kingdom T: +44 (0) 121 414 4875

E: jubileecentre@contacts.bham.ac.uk W: www.jubileecentre.ac.uk

# Youth social action questionnaire (AER)

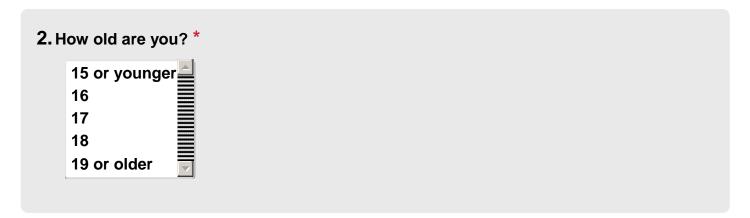
Thank you for taking part. We hope you enjoy the questionnaire!

#### Age

Page exit logic: Age outside 16-18 range

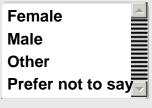
IF: Question "How old are you?" #2 is one of the following answers ("15 or younger") THEN: Disqualify and display:

Thanks for your interest in this questionnaire. Unfortunately, you are not eligible to participate, but if you know anyone aged 16-18 who would like to take part, please feel free to forward them the link. Thanks again!



#### Gender

3. Which of these do you identify as? \*



Page exit logic: Page Logic

IF: Question "Which part of the UK do you live in? If you live in more than one place, select the place where you spend most of your time." #4 is one of the following answers ("I don't live in the UK") THEN: Disqualify and display:

Thanks for your interest in this questionnaire. Unfortunately, you are not eligible to participate, but if you know anyone aged 16-18 who would like to take part, please feel free to forward them the link. Thanks again!

4. Which part of the UK do you live in? If you live in more than one place, select the place where you spend most of your time.



## **Education and employment**

<b>5.</b> Which of the following statements applies to you? Please scroll down to see all the options and select all that apply.
☐ I'm at school
☐ I'm in sixth form
☐ I'm at college
☐ I'm at university or in higher education
☐ I'm working full-time
☐ I'm working part-time
☐ I'm doing an apprenticeship
☐ I'm doing an internship
☐ I'm unemployed
None of the above
Explanation of stories
Based on what you've told us so far, you're about to see four stories about different kinds of young people. We are interested to know what you think about them. Remember, there are no right or wrong answers.
Mariam's story
Page entry logic: This page will show when: Question "Which of these do you identify as?" #3 is one of the following answers ("Female","Other","Prefer not to say")

6. Although Mariam isn't the most outgoing person, she gets a lot of respect. She cares about her friends and always looks out for them. Her friends feel like they can tell her anything and she won't judge them. When her friend Emma told her that she was having problems at home, Mariam didn't tell anyone else and tried to be there for her – she knew how it felt because she'd gone through something similar herself.					
To wh	nat extent do yo			_	
	Not at all	A little	Notsure	A fair amount	A great deal
	О	С	O	О	O
7. To	what extent do	you think yo	ou are like M	lariam?	
	Not at all	A little	Not sure	Afair amount	A greatdeal
8. To	what extent we	ould you like	-	son like Marian	n?
	Not at all	A little	Not sure	A fair amount	A great deal
	U	O		O	O
9. To	what extent wo	uld the peopl	e who know	you say you a	re like Mariam?
	Not at all	A little	Not sure	A fair amount	A great deal
	О	О	O	O	O
10. T	o what extent v	vould your fri	ends like so	omeone like Ma	ariam?
	Not at all	A little	Not sure	A fair amount	A great deal
	O	O	О	O	O

Page entry logic	C	:
------------------	---	---

This page will show when: Question "Which of these do you identify as?" #3 is one of the following answers ("Male")

11. Although Ben isn't the most outgoing person, he gets a lot of respect. He cares about his friends and always looks out for them. His friends feel like they can tell him anything and he won't judge them. When his friend Jamie told him that he was having problems at home, Ben didn't tell anyone else and tried to be there for him – he knew how it felt because he'd gone through something similar himself.

To what extent do you think Ben is demonstrating important qualities?

Not at all	A little	Not sure	A fair amount	A greatdeal
0	0	0	0	0

12. To what extent do you think you are like Ben?

Not at all	A little	Not sure	Afairamount	A greatdeal
O	O	O	O	O

13. To what extent would you like to be a person like Ben?

Not at all	A little	<b>Not sure</b>	A fair amount	A greatdeal
O	0	O	0	0

14. To what extent would the people who know you say you are like Ben?

Not at all	A little	Not sure	A fair amount	A great deal
O	O	O	O	O

15. T		<u>.</u>		omeone like B	
	Not at all	A little	Not sure	A fair amount	A great deal
	0	O	О	О	O
Isabella'	s story				
	entry logic:	an: Ouestion "W	hich of these do	o you identify as?"	#3 is one of the
-	ing answers ("Fe				#3 13 0116 01 1116
40.1-	-h -ll( h	!	l (l. !	14 1	a bast als a llass a
				on't go her way gain". In a grou	
_		_		en when things	pshe's good at
	•	`		•	t into the local
			•	netrainingand	
this y		•		J	, ,
To wh	nat extent do yo	ou think Isabe	ella is demons	strating importa	nt qualities?
	Not at all	A little	Not sure	A fair amount	A great deal
	O	O	O	O	O
17. T	o what extent	would you li	ke to be a pe	erson like Isabe	ella?
	Not at all	A little	Not sure	A fair amount	A great deal
	0	O	О	O	O
		vould the peo	ple who kno	w you say you a	are like
Isabe					
	Not at all	A little	Not sure	A fair amount	A great deal
	0		O	O	0

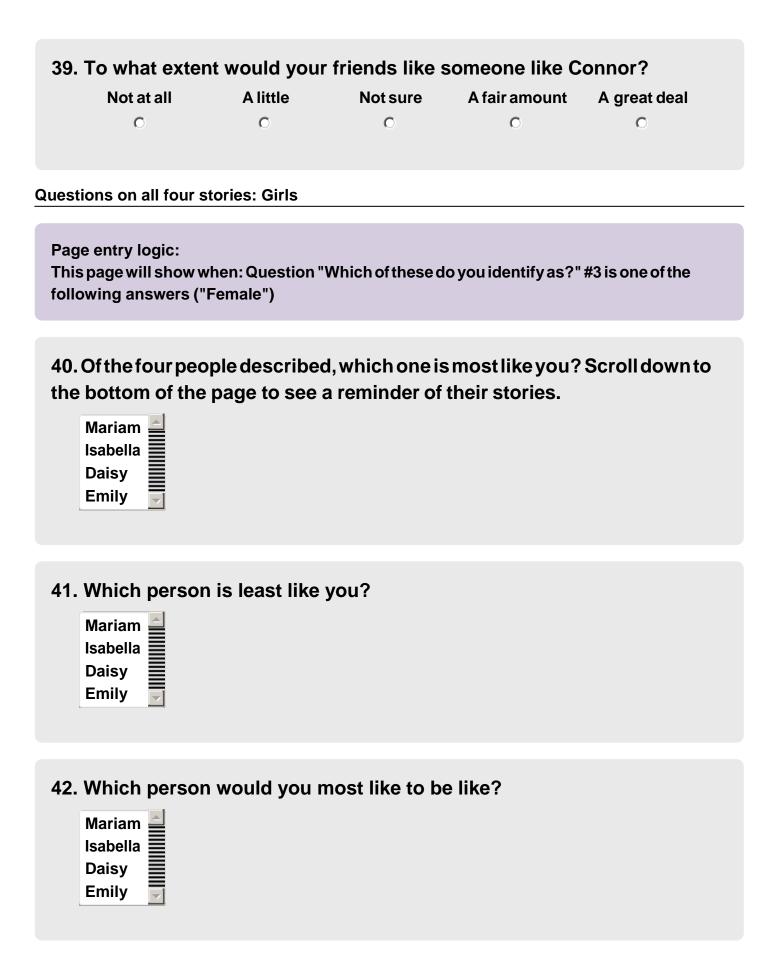
what extent w	ould your fri	iends like so	omeone like Is	abella?
Not at all	A little	Not sure	A fair amount	A great deal
0	О	O	0	О
tory				
ge will show when		ich of these do	you identify as?"	#3 is one of the
otto "if at first ye ating others to bounces back	ou don't succ reach their ( – like last yea	ceed, try aga goals too. E ar, when he c	nin". In a group ven when thin didn't get into th	he's good at gs are difficult, ne local football
at extent do you	ı think Saeed	is demonstr	ating important	t qualities?
Not atall	A little	Notsure	Afairamount	A greatdeal
0	0	0	0	O
what extent w	ould you like	e to be a pei	rson like Saeed	d?
Not at all	A little	Not sure	A fair amount	A great deal
what extent wo	ould the peop	ole who knov	w you say you	are like Saeed?
	tory  tory	Not at all A little C C  tory  tory	Not at all A little Not sure  tory  http://doi.org/10.00000000000000000000000000000000000	tory  Intry logic: ge will show when: Question "Which of these do you identify as?" and general genera

23. T	23. To what extent would your friends like someone like Saeed?					
	Not at all	A little	Not sure	A fair amount	A great deal	
	0	O	O	O	0	
Daisy's	story					
_	entry logic: page will show whe	n: Question "Wi	nich of these do	you identify as?"	#3 is one of the	
_	ving answers ("Fe					
24. D	aisy is always o	hatting to he	r friends, wh	ich tends to wir	nd her teachers	
		_	Ť		datlisteningto	
-	r people's poin	•	•	•	_	
	riends had a ba	•		•		
		•	•	•	ntoworkthings	
out.		inca to What ti	ncy naa to sa	iy, and gottilon	rto worktimigo	
out.						
Tow	hat extent do yo	outhink Daisy	is demonstr	atingimportan	tqualities?	
	Not at all	A little	<b>Not sure</b>	A fair amount	A greatdeal	
	О	O	О	O	O	
05 =					•	
25. I	o what extent	would you lik	te to be a pe	rson like Daisy	/?	
	Not at all	A little	Not sure	A fair amount	A great deal	
	О	O	О	O	O	
26. T	o what extent	would the pe	ople who kn	ow you say yo	u are like Daisy?	
	Not at all	A little	Not sure	A fair amount	A great deal	
	О	O	0	0	0	

27. To what extent would your friends like someone like Daisy?						
	Not at all	A little	Not sure	A fair amount	A great deal	
Dan's s	tory					
Thisp		/hen: Question "\ Male","Other","F		o you identify as?" ")	#3 is one of the	
He's peop frien then	good at maki ple's points o ds had a bad n both, listene hat extent do	ing his views hof view, too, and argument reced to what they	eard, but he's nd he likes gi ently, Dan wa had to say, ai	h tends to wind also good at listiving advice. A sthe one who stand got them to w	fter two of his sat down with work things out.	
	Not at all	A little	Not sure O	A fair amount O	A greatdeal	
29. T	o what exten	t would you lik	e to be a pers	on like Dan?		
	Not at all	A little	Not sure	A fair amount	A greatdeal	
	О	O	О	0	O	
30. T	o what exter	nt would the p	eople who kr	now you say yo	ou are like Dan?	
	Not at all	A little	Not sure	A fair amount	A great deal	
	О	О	O	O	О	

31. T	o what extent	would your f	riends like s	omeone like D	an?
	Not at all	A little	Not sure	A fair amount	A great deal
	0	0	0	0	O
Emily's	story				
Thisp	entry logic: page will show whe ving answers ("Fe		hich of these do	you identify as?"	#3 is one of the
her to abou helps yout keep	he might seem o tidy her room, at the important is out where sh h club might be it open. hat extent do yo Not at all	but Emily is parties to be the	oretty active in the wood spare time.	in her communi orld and in her lo When she four friends started	ity. She knows ocal area, and nd out that her lacampaign to
33. T	o what extent	would vou lik	ce to be a pe	erson like Fmily	1?
00. 1	Not at all	A little	Not sure	_	
	O	O	0	O	O
	S	S	2	S	<u> </u>
34. T	o what extent	would the pe	ople who kn	ow you say yo	ou are like Emily?
	Not at all	A little	Not sure	A fair amount	A great deal
	O	O	0	0	0

35. To what extent would your friends like someone like Emily?									
	Not at all	A little	Not sure	A fair amount	A great deal				
	О	O	О	О	О				
Connor'	's story								
Thisp	Page entry logic: This page will show when: Question "Which of these do you identify as?" #3 is one of the following answers ("Male", "Other", "Prefer not to say")								
to tid abou helps club	36. He might seem a bit lazy sometimes, complaining when his dad asks him to tidy his room, but Connor is pretty active in his community. He knows about the important issues going on in the world and in his local area, and helps out where he can in his spare time. When he found out that his youth club might be closed down, he and his friends started a campaign to keep it open.								
To w	hat extent do yo	u think Conne	or is demons	trating importar	nt qualities?				
10 11	Not at all	A little	Not sure	A fair amount	A great deal				
	0	О	0	О	0				
37. T	o what extent v	would you lik	e to be a pe	rson like Conn	or?				
	Not at all	A little	Not sure	A fair amount	A great deal				
	O	O	O	O	O				
38. To what extent would the people who know you say you are like Connor?									
	Not at all	A little	Not sure	A fair amount	A great deal				



## 43. Which person is the most impressive?

Mariam lsabella Daisy Emily

## 44. Which person is the least impressive?



Although Mariam isn't the most outgoing person, she gets a lot of respect. She cares about her friends and always looks out for them. Her friends feel like they can tell her anything and she won't judge them. When her friend Emma told her that she was having problems at home, Mariam didn't tell anyone else and tried to be there for her – she knew how it felt because she'd gone through something similar herself.

Isabella gets a bit stressed when things don't go her way, but she lives by the motto "if at first you don't succeed, try again". In a group she's good at motivating others to reach their goals too. Even when things are difficult, Isabella bounces back—like last year, when she didn't get into the local football team. Ever since she's spent more time training and she'll try again this year.

Daisy is always chatting to her friends, which tends to wind her teachers up. She's good at making her views heard, but she's also good at listening to other people's points of view, too, and she likes giving advice. After two of her friends had a bad argument recently, Daisy was the one who sat down with them both, listened to what they had to say, and got them to work things out.

She might seem a bit lazy sometimes, complaining when her dad asks her to tidy her room, but Emily is pretty active in her community. She knows about the important issues going on in the world and in her local area, and helps out where she can in her spare time. When she found out that her youth club might be closed down, she and her friends started a campaign to keep it open.

#### Page entry logic:

This page will show when: Question "Which of these do you identify as?" #3 is one of the following answers ("Other", "Prefer not to say")

45. Of the four people described, which one is most like you? Scroll down to the bottom of the page to see a reminder of their stories.



46. Which person is least like you?



47. Which person would you most like to be like?



48. Which person is the most impressive?



## 49. Which person is the least impressive?



Although Mariam isn't the most outgoing person, she gets a lot of respect. She cares about her friends and always looks out for them. Her friends feel like they can tell her anything and she won't judge them. When her friend Emma told her that she was having problems at home, Mariam didn't tell anyone else and tried to be there for her – she knew how it felt because she'd gone through something similar herself.

Isabella gets a bit stressed when things don't go her way, but she lives by the motto "if at first you don't succeed, try again". In a group she's good at motivating others to reach their goals too. Even when things are difficult, Isabella bounces back—like last year, when she didn't get into the local football team. Ever since she's spent more time training and she'll try again this year.

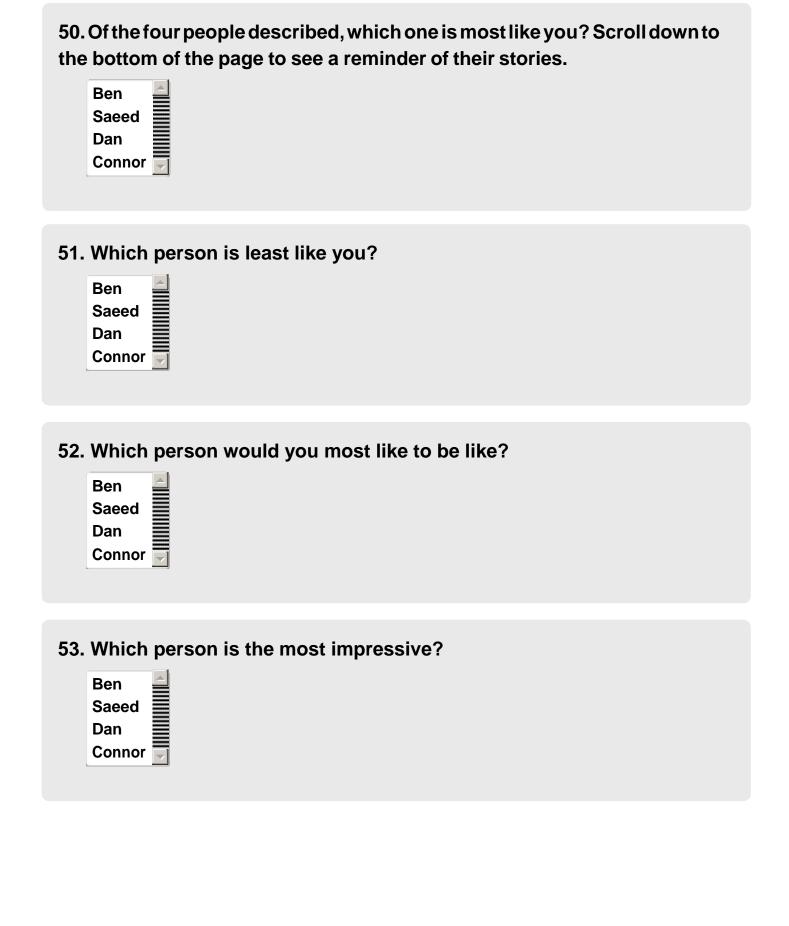
Dan is always chatting to his friends, which tends to wind his teachers up. He's good at making his views heard, but he's also good at listening to other people's points of view, too, and he likes giving advice. After two of his friends had a bad argument recently, Dan was the one who sat down with them both, listened to what they had to say, and got them to work things out.

He might seem a bit lazy sometimes, complaining when his dad asks him to tidy his room, but Connor is pretty active in his community. He knows about the important issues going on in the world and in his local area, and helps out where he can in his spare time. When he found out that his youth club might be closed down, he and his friends started a campaign to keep it open.

## Questions about all 4 stories (boys)

## Page entry logic:

This page will show when: Question "Which of these do you identify as?" #3 is one of the following answers ("Male")



## 54. Which person is the least impressive?



Although Ben isn't the most outgoing person, he gets a lot of respect. He cares about his friends and always looks out for them. His friends feel like they can tell him anything and he won't judge them. When his friend Jamie told him that he was having problems at home, Ben didn't tell anyone else and tried to be there for him – he knew how it felt because he'd gone through something similar himself.

Saeed gets a bit stressed when things don't go his way, but he lives by the motto "if at first you don't succeed, try again". In a group he's good at motivating others to reach their goals too. Even when things are difficult, Saeed bounces back—like last year, when he didn't get into the local football team. Ever since he's spent more time training and he'll try again this year.

Dan is always chatting to his friends, which tends to wind his teachers up. He's good at making his views heard, but he's also good at listening to other people's points of view, too, and he likes giving advice. After two of his friends had a bad argument recently, Dan was the one who sat down with them both, listened to what they had to say, and got them to work things out.

He might seem a bit lazy sometimes, complaining when his dad asks him to tidy his room, but Connor is pretty active in his community. He knows about the important issues going on in the world and in his local area, and helps out where he can in his spare time. When he found out that his youth club might be closed down, he and his friends started a campaign to keep it open.

#### **Donating**

55. In the past 12 months, have you donated any money or goods to help other people or the environment? For example, giving money to a charity or cause, either in person or online, or donating food or clothes to charity.*					
C Yes					
C No					
our social action					
Show/hide trigger exists.					

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/ cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sports team, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

□ Fundraising or a sponsored event
 □ Helping improve your local area
 □ Campaigning for something you believe in
 □ Tutoring, coaching or mentoring anyone
 □ Supporting other people who aren't friends or relatives
 □ Giving time to help a charity or cause
 □ None of these

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

<b>57.</b> Approximately how	old were you when	you first did any	social action?
------------------------------	-------------------	-------------------	----------------

0	Under 10
0	10-12
0	13-15
0	16-18
0	Don't know

58. How likely is it, if at all, that you'll be involved in social action in the next 12 months?  If you like, you can explain your answer in the box below (optional)
O Definitely will
C Very likely
C Fairly likely
O Not that likely
O Not at all likely
C Definitely won't
C Don't know
Comments
Motivations

#### Page entry logic:

This page will show when: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sports team, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event","Helping improve your local area","Campaigning for something you believe in","Tutoring, coaching or mentoring anyone","Supporting other people who aren't friends or relatives","Giving time to help a charity or cause")

For these questions, think about the social action you've done over the past 12 months:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Fundraising or a sponsored event")

[question("option value"), id="102", option="10381"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Helping improve your local area")

[question("option value"), id="102", option="10382"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Campaigning for something you believe in")

[question("option value"), id="102", option="10383"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Tutoring, coaching or mentoring anyone")

[question("option value"), id="102", option="10384"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Supporting other people who aren't friends or relatives")

[question("option value"), id="102", option="10385"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/ cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Giving time to help a charity or cause")

[question("option value"), id="102", option="10386"]

Hidden unless: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties

- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

59. To what extent do you agree or disagree with the following statements?

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
Doing social action might help me get a job one day	O	О	О	0	О
Other people who I am close to think that it's important for me to do social action	O	o	О	О	o
Through social action, I can explore my own strengths	0	О	О	0	О
Through social action, I can make new contacts that might help me in my future career	O	o	o	0	o
Social action makes me feel better about myself	O	О	O	O	О
Social action helps me work through my own personal problems	0	O	O	0	0
I care about people in need	0	0	О	0	0
Through social action, I can learn how to deal with a variety of people	0	0	O	0	0
Social action is a good escape from my own troubles	О	О	О	O	О
Social action increases my self-esteem	О	0	O	O	О
Social action is important to my family and best friends	О	0	0	O	0
I feel it is important to help others	О	0	0	O	О

Frequency and duration

#### Page entry logic:

This page will show when: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sports team, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Fundraising or a sponsored event","Helping improve your local area","Campaigning for something you believe in","Tutoring, coaching or mentoring anyone","Supporting other people who aren't friends or relatives","Giving time to help a charity or cause")

Hidden unless: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety

- campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sports team, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event","Helping improve your local area","Campaigning for something you believe in","Tutoring, coaching or mentoring anyone","Supporting other people who aren't friends or relatives","Giving time to help a charity or cause")

Piped From Question 56. (Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/ cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sports team, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

Piped From Question 56. (Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online

campaigns

- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sports team, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

Your social action: Benefits

)

#### Page entry logic:

This page will show when: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/ cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sports team, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

Think overall about all the social action you've done over the past 12 months:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Fundraising or a sponsored event")

[question("option value"), id="102", option="10381"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Helping improve your local area")

[question("option value"), id="102", option="10382"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Campaigning for something you believe in")

[question("option value"), id="102", option="10383"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Tutoring, coaching or mentoring anyone")

[question("option value"), id="102", option="10384"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Supporting other people who aren't friends or relatives")

[question("option value"), id="102", option="10385"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Giving time to help a charity or cause")

[question("option value"), id="102", option="10386"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

60.

To what extent do you feel other people or the environment have benefited from the things you have done?

Not at all	A little	Not sure	A fair amount	A great deal
O	0	0	0	0

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

# **61.** To what extent do you feel you have personally benefited from the things you have done?

Not at all	A little	Not sure	A fair amount	A great deal
O	0	0	O	0

Your social action: Enjoyment and challenge

## Page entry logic:

This page will show when: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event","Helping improve your local area","Campaigning for something you believe in","Tutoring, coaching or mentoring anyone","Supporting other people who aren't friends or relatives","Giving time to help a charity or cause")

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

Think overall about all the social action you've done over the past 12 months:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Fundraising or a sponsored event")

[question("option value"), id="102", option="10381"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Helping improve your local area")

[question("option value"), id="102", option="10382"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Campaigning for something you believe in")

[question("option value"), id="102", option="10383"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Tutoring, coaching or mentoring anyone")

[question("option value"), id="102", option="10384"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Supporting other people who aren't friends or relatives")

[question("option value"), id="102", option="10385"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Giving time to help a charity or cause")

[question("option value"), id="102", option="10386"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/ cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sports team, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

# **62.** To what extent did you enjoy doing your social action?

Not at all	A little	Not sure	A fair amount	A great deal
O	0	O	0	C

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

# **63.** To what extent have you felt challenged by your social action?

Not at all	A little	Not sure A fair amount		A great deal	
0	0	O	0	О	

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/ cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event","Helping improve your local area","Campaigning for something you believe in","Tutoring, coaching or mentoring anyone","Supporting other people who aren't friends or relatives","Giving time to help a charity or cause")

**64.** To what extent do you feel you have had the opportunity to take the lead or encourage others through your social action? This could mean making decisions, having a say, or taking responsibility.

Not at all	A little	Not sure	A fair amount	A great deal
О	0	О	0	0

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/ cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

**65.** In the past 12 months, have you had any kind of recognition of your social action, such as certificates, ceremonies or awards?



#### Page entry logic:

This page will show when: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sports team, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Fundraising or a sponsored event","Helping improve your local area","Campaigning for something you believe in","Tutoring, coaching or mentoring anyone","Supporting other people who aren't friends or relatives","Giving time to help a charity or cause")

Hidden unless: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety

campaign, organising community street parties

- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event","Helping improve your local area","Campaigning for something you believe in","Tutoring, coaching or mentoring anyone","Supporting other people who aren't friends or relatives","Giving time to help a charity or cause")

66. To what extent do you agree with each statement below?

I believe ...

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I have the skills that I need to do social action	0	0	O	O	O
I have the time that I need to do social action	0	0	O	0	0
The opportunity is available for me to do social action	О	О	О	0	O
I have the confidence that I need to do social action	О	О	0	0	0
I have the support from my family that I need to do social action	O	O	O	O	0
I have the encouragement from my family that I need to do social action	O	O	o	O	0
I have the support from my friends that I need to do social action	O	О	O	O	O
I have the encouragement from my friends that I need to do social action	O	O	o	O	0

Social action: School, college or university

#### Page entry logic:

This page will show when: (Question "Which of the following statements applies to you? Please scroll down to see all the options and select all that apply." #5 is one of the following answers ("I'm at school","I'm in sixth form","I'm at college","I'm at university or in higher education") AND Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/ cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sports team, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause"))

Think about the social action that you've done over the past 12 months:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Fundraising or a sponsored event")

[question("option value"), id="102", option="10381"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Helping improve your local area")

[question("option value"), id="102", option="10382"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Campaigning for something you believe in")

[question("option value"), id="102", option="10383"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Tutoring, coaching or mentoring anyone")

[question("option value"), id="102", option="10384"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Supporting other people who aren't friends or relatives")

[question("option value"), id="102", option="10385"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/ cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Giving time to help a charity or cause")

[question("option value"), id="102", option="10386"]

Hidden unless: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties

- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

<b>67.</b> How has your school, college or university helped you to do this social action, if at all? Please scroll down to see all the options and tick all that apply.
☐ By letting me do these things in class or in seminars
☐ By letting me do these things as part of clubs or societies
☐ By having specific days where I can do these things
☐ By organising events or activities I can get involved in
☐ By giving points/ credits/ awards when I do these things
☐ By telling my parents/ guardians when I've done these things
☐ By telling me about activities I can do/ charities I can help
☐ By letting me hear from other people who have helped others
☐ By making itfun to do these things
☐ By giving me a chance to try out different things
☐ They don't help me to do these things
☐ I don't need help from them
☐ Don't know
Other - Write In

Social action: family and friends

## Page entry logic:

This page will show when: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sports team, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

Think about the social action you've done over the past 12 months:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Fundraising or a sponsored event")

[question("option value"), id="102", option="10381"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Helping improve your local area")

[question("option value"), id="102", option="10382"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Campaigning for something you believe in")

[question("option value"), id="102", option="10383"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Tutoring, coaching or mentoring anyone")

[question("option value"), id="102", option="10384"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Supporting other people who aren't friends or relatives")

[question("option value"), id="102", option="10385"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Giving time to help a charity or cause")

[question("option value"), id="102", option="10386"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/ cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event","Helping improve your local area","Campaigning for something you believe in","Tutoring, coaching or mentoring anyone","Supporting other people who aren't friends or relatives","Giving time to help a charity or cause")

<b>68.</b> To what extent are your friends' opinions about your social action important to you?							
Not at all	A little	Not sure	A fair amount	A great deal			
0	О	O	0	O			

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

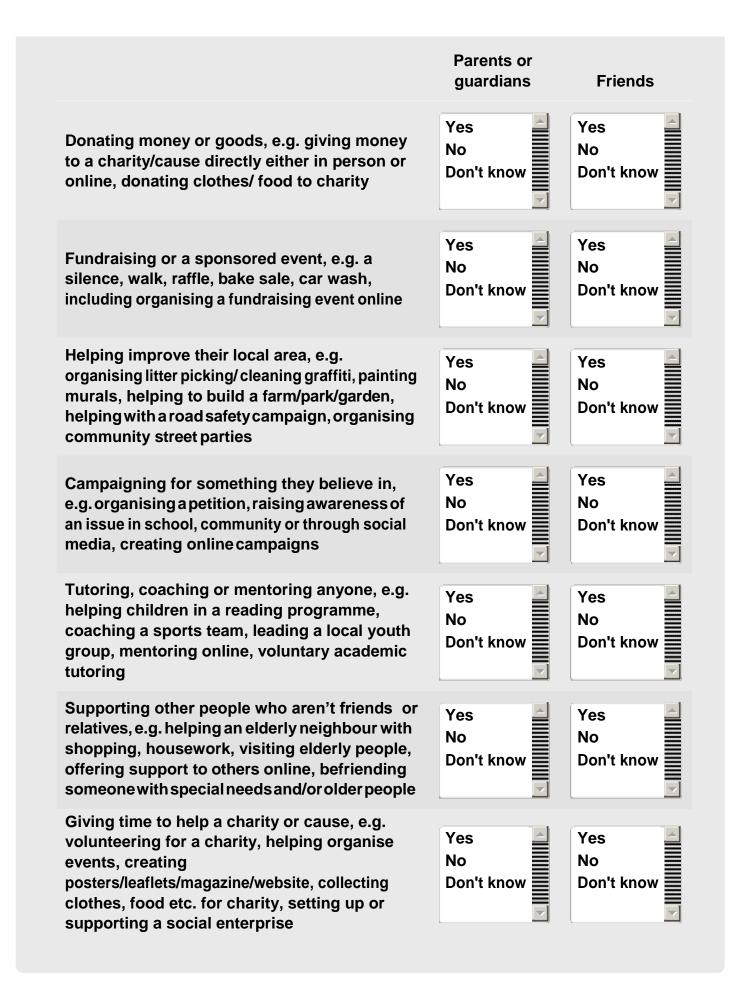
"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

**69.** To what extent are your parents' or guardians' opinions about your social action important to you?

Not at all	A little	Not sure	A fair amount	A great deal
О	О	О	0	О

Parents' and friends' social action

<b>70.</b> In the past 12 months, have either of your parents or guardians or any of your friends been involved in any of the following?				



#### Page entry logic:

This page will show when: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event","Helping improve your local area","Campaigning for something you believe in","Tutoring, coaching or mentoring anyone","Supporting other people who aren't friends or relatives","Giving time to help a charity or cause")

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

Think about the social action you've done over the past 12 months:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Fundraising or a sponsored event")

[question("option value"), id="102", option="10381"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Helping improve your local area")

[question("option value"), id="102", option="10382"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Campaigning for something you believe in")

[question("option value"), id="102", option="10383"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Tutoring, coaching or mentoring anyone")

[question("option value"), id="102", option="10384"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Supporting other people who aren't friends or relatives")

[question("option value"), id="102", option="10385"]

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/ cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties
- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

" #56 is one of the following answers ("Giving time to help a charity or cause")

[question("option value"), id="102", option="10386"]

Hidden unless: Question "Have you done anything in the past 12 months to help other people or the environment (social action), other than donating money or goods? This can include things you've done online or in person. It might be things you've done with: school, college or university; your apprenticeship or job (days supported by your employer); your local community; your place of worship; a club or group; a structured programme; a service year or gap year; friends, family or by yourself. For example:

- Fundraising or a sponsored event, e.g. a silence, walk, raffle, bake sale, car wash, including organising a fundraising event online. This doesn't include donating money or goods.
- Helping improve your local area, e.g. organising litter picking/cleaning graffiti, painting murals, helping to build a farm/park/garden, helping with a road safety campaign, organising community street parties

- Campaigning for something you believe in, e.g. organising a petition, raising awareness of an issue in school, community or through social media, creating online campaigns
- Tutoring, coaching or mentoring anyone, e.g. helping children in a reading programme, coaching a sportsteam, leading a local youth group, mentoring online, voluntary academic tutoring
- Supporting other people who aren't friends or relatives, e.g. helping an elderly neighbour with shopping, housework, visiting elderly people, offering support to others online, befriending someone with special needs and/or older people
- Giving time to help a charity or cause, e.g. volunteering, helping organise events, creating posters/leaflets/magazine/website, collecting clothes, food etc. for charity, setting up or supporting a social enterprise

"#56 is one of the following answers ("Fundraising or a sponsored event", "Helping improve your local area", "Campaigning for something you believe in", "Tutoring, coaching or mentoring anyone", "Supporting other people who aren't friends or relatives", "Giving time to help a charity or cause")

71. To what extent do you agree or disagree with the following statements?

As a result of my social action ...

	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
I now feel more responsible for my actions	0	О	O	O	О
I spend more time thinking about how I might do things differently in the future	o	0	O	0	0
I am better able to think through what I have learnt by myself	O	O	O	O	0
I feel I have a better understanding of my abilities	0	О	0	O	О

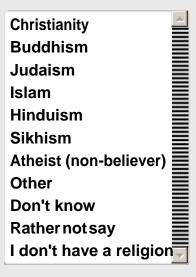
### **Demographics**

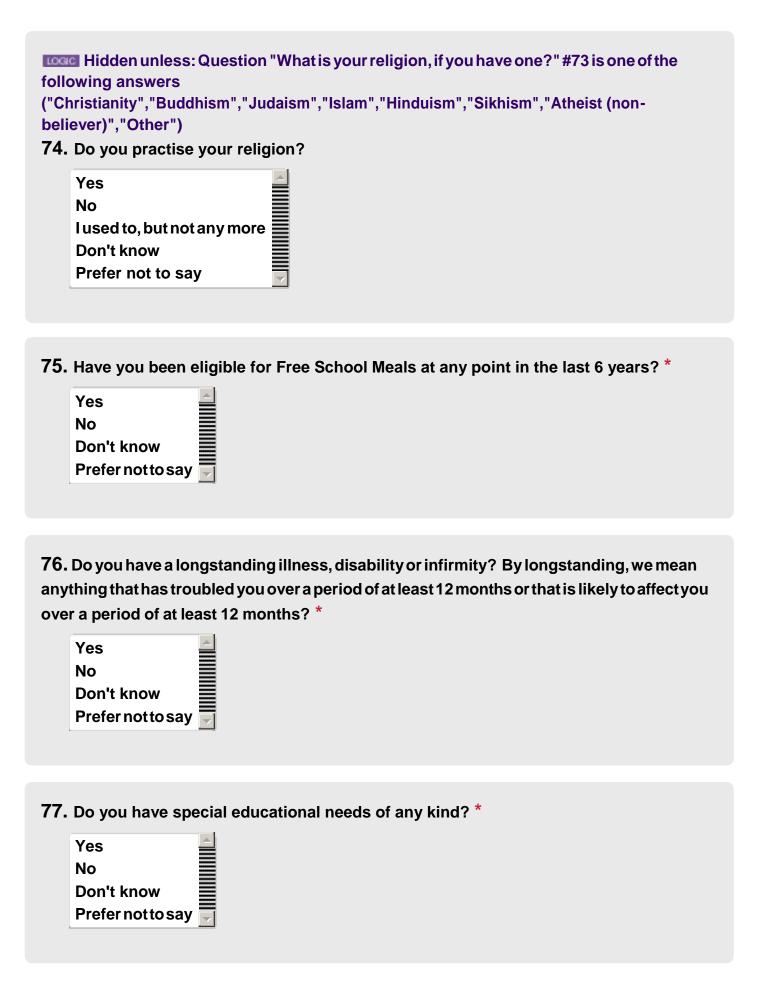
## 72. What is your ethnicity? \*

- White (including English, Welsh, Scottish, Northern Irish, Irish, British, Gypsy, Irish Traveller, or any other White background)
- Black (including Black British, African, Caribbean and any other Black background) White and black Caribbean
- Asian (including Asian British, Pakistani, Bangladeshi, Indian, Chinese, and any other Asian background)
- Mixed (including White and Black Caribbean, White and Black African, White and Asian, and any other mixed or multiple ethnic group
- Other ethnic group (including Arab and any other ethnic group)
- Other Write In
- O Idon't want to say
- O I don't know

#### Logic Show/hide trigger exists.

73. What is your religion, if you have one? \*





**Logic Show/hide trigger exists.** 

# 78. Thank you for taking the questionnaire!

# What will happen now?

Your answers from the questionnaire will be added to the answers from others who have taken part as part of the pilot process of this study. There will be no way to link your name to your answers, so all of your answers will be anonymous. All data will be stored securely, in password-protected storage or in locked filing cabinets, and only the research team will have access to them.

If you would like to receive the final results of this study, please contact us on the email address below and we will make sure you receive a copy of the report.

# Keeping in touch

Please feel free to ask any questions about this project by contacting us: Emma Taylor, Research Associate, Jubilee Centre for Character and Virtues, University of Birmingham

e.taylor.2@bham.ac.uk

Further information about social action
Would you be interested in finding out more about youth social action
opportunities near you? \*

- O Yes please
- O No thanks

#### Prize draw

If you would like to be entered into the prize draw to win a £300 personal development fund, please <u>click here</u>.

Thank you for taking our questionnaire. Your response is very important to us.