

# BRAIN, BOARD, BOOK, BUDDY, BOSS



## Patience is:

- \* Giving myself time to solve a problem or work something out.
- \* Taking time to do something properly.
- \* Trusting that things will turn out right in the end.
- \* Tolerating delays without complaining.

## LEARNING OBJECTIVES:

**To understand that we need to be patient and give ourselves time to think when solving problems.**

### Suggested Resources:

Download the teaching PowerPoints:

<https://www.tes.co.uk/teaching-resource/BLP-Perseverance-5Bs-Display-6305594> [available 03/15]

<https://www.tes.co.uk/teaching-resource/5-and-39-B-and-39-s-display-6312239> [available 03/15]

### Script:

“Last week we discussed how putting your hand up might tell a teacher that you need help. If you are finding something difficult however it is very important to be patient with yourself and take the time to discover if you can solve the problem with the resources that you already have.”

### The Five B's:

This is a strategy that encourages us to take time to think about what we might already know before going to the teacher for help. Show the class the first PowerPoint display which summarises the following steps:

**Brain** – If you are stuck, think about it first and try to work out the answer on your own!

**Board** – If you are still stuck, look at the board. There is usually a clue or answer there.

**Book** – If you are still stuck, look in either your book or the textbook next.

**Buddy** - Still not sure? Ask your ‘buddy’, they might know.

**Boss** – If they don't know either, chances are lots of people are confused. This is now the time to ask me for help!

Display the second PowerPoint and go through each step.

### Suggested Activities:

Ask the class to use their own creativity to make a poster for themselves that will help them to memorise each step of the Five B's.

