

GAMES THAT DEVELOP PATIENCE



Patience is:

- * Tolerating delays without complaining.
- * Waiting calmly without getting upset.
- * Trusting that things will turn out right in the end.

LEARNING OBJECTIVES:

To practise and develop our patience by playing games.

Script:

“This week we are going to strengthen our own patience by playing games that need this particular virtue.

“What would patience look like if we found ourselves getting frustrated by one of the games?”

“How would you practise patience if someone is using a game and you are waiting to play?”

Briefly discuss the use of the following phrases and encourage the class to use them to encourage patience.

Character Coaching

Guidance:

Please wait patiently, your turn will come.

Meaningful Praise:

I am so impressed with how patiently you are playing the game.

I am going to pick you because I can see your patience in the way you are sitting and listening.

Suggested Activities:

Pick Up Sticks: http://en.wikipedia.org/wiki/Pick-up_sticks [available 03/15]

Jenga: <http://en.wikipedia.org/wiki/Jenga> [available 03/15]

Dots and Boxes: http://en.wikipedia.org/wiki/Dots_and_Boxes [available 03/15]

Draughts or Checkers

Nine Men's Morris: http://en.wikipedia.org/wiki/Nine_Men%27s_Morris [available 03/15]

Correction:

Please be patient with yourself and have another go rather than getting cross.

