

*My favourite book this week was:*

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*Why I liked it:*

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*My thoughts about my week - how have I been virtuous and how can I improve?*

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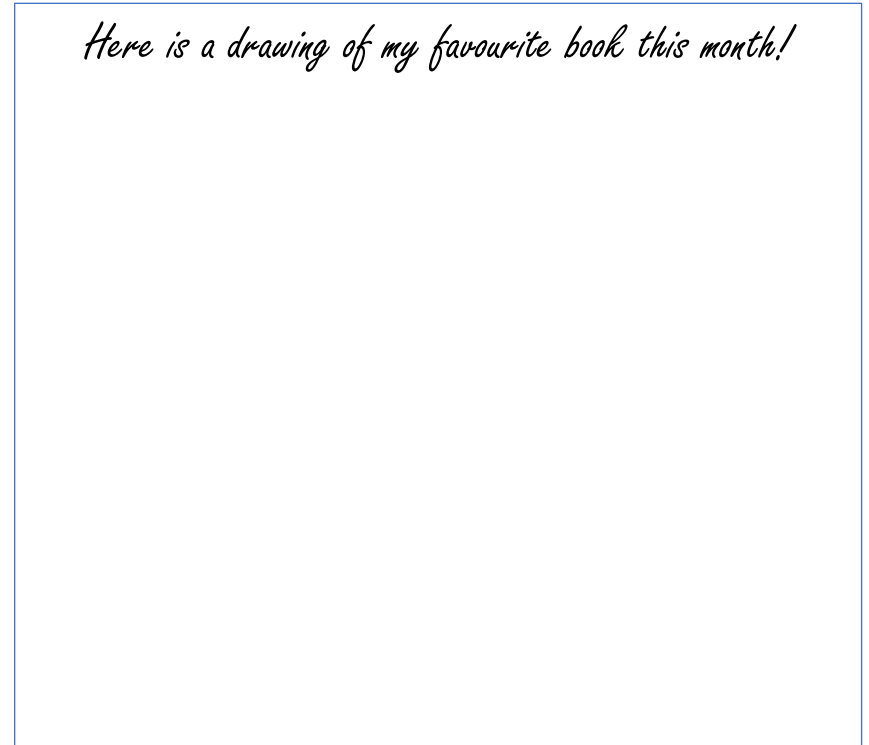
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# My Reading Journal

Name: \_\_\_\_\_  
Month: \_\_\_\_\_

*Here is a drawing of my favourite book this month!*



## *My Reading Journal*

Think about the reading you have done this week.

What virtues have you read about?

What have you learned about the virtues through your reading?

Now think about your own week and what happened.

How have you behaved this week?

Have you shown one or more of the virtues? Were there times you could have been more virtuous? What could you have done differently?

Think about these questions with your parent or guardian and fill in the text boxes on the following pages each week.

### **Examples of moral virtues:**

**Courage:** Acting with bravery in fearful situations.

**Justice:** Acting with fairness towards others by honouring rights and responsibilities.

**Honesty:** Being truthful and sincere.

**Compassion:** Showing care and concern for others.

**Gratitude:** Feeling and expressing thanks for benefits.

**Humility:** Estimating oneself within reasonable limits.

**Integrity:** The quality of having strong moral principles.

**Respect:** Care for someone's feelings and rights.

Week 3: Number of books I read- \_\_\_\_\_

*Virtues I have read about this week:*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*How were the virtues shown in the stories?*

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*Virtues I have shown this week:*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*My favourite book this week was:*

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*Why I liked it:*

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*My thoughts about my week - how have I been virtuous and how can I improve?*

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Week 1: Number of books I read- \_\_\_\_\_

*Virtues I have read about this week:*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*How were the virtues shown in the stories?*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*Virtues I have shown this week:*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*My favourite book this week was:*

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*Why I liked it:*

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*My thoughts about my week - how have I been virtuous and how can I improve?*

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Week 2: Number of books I read- \_\_\_\_\_

*Virtues I have read about this week:*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*How were the virtues shown in the stories?*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*Virtues I have shown this week:*

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_